



# Asthma Start Program



## Who Are We?

Asthma Start is a NO COST program for the parents/guardians of children diagnosed with asthma, providing case management services which addresses the medical, environmental, and psychosocial needs of families.



## Who Qualifies?

A person is eligible to participate in the Asthma Start Program if ALL of the following requirements are met:

- Lives in Alameda County
- Is 0-18 years of age
- Has been diagnosed with asthma

## What Services Are Offered?

- Asthma education to families (i.e. symptoms, triggers, prevention, medication, etc.).
- In-home assessments for asthma triggers (i.e. moisture, pests, dust, etc.).
- Referrals for housing, employment, and health insurance.



## Feedback from Former Clients

*“Our whole family is healthier because of the education, support, and supplies we received from the program.”*

*“After my Asthma Coordinator showed me the proper way to use the inhaler and spacer, my daughter’s asthma improved.”*

**For more information or to participate in the program, please contact:**

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