



2022-2023 Evaluation Highlights

REACH Ashland Youth Center

Evaluation Framework: Results-Based Accountability

How much did we do?

- Who did REACH serve?
- What trends or differences do these data show?

How well did we do it?

- How satisfied are youth with REACH?

Is anyone better off?

- How has REACH supported or helped youth?
- What proportion of youth who visit REACH report that REACH has helped/supported them?



REACH partners work together to achieve the following result areas...



- All youth are healthy physically, mentally, and emotionally.
- Youth are supported by safe and nurturing communities.
- Youth are actively involved in making decisions in their community.
- Youth succeed academically and socially.
- Youth are prepared for and engaged in jobs leading towards a career.
- Youth are supported by safe and nurturing families.
- Systems are integrated, and care is coordinated and equitable.



Inquiry: Academics + Post-Graduation Opportunities

Fiscal Year 2022-2023 Evaluation: Youth Focus Group Highlights

Academics + Learning at REACH



Four focus groups were conducted in May 2023 to explore youth perspectives, challenges, successes, and recommendations related to academic success.

Focus groups were organized by age:

1. 7th/8th graders
2. 9th/10 graders
3. 11th/12th graders, and
4. Youth no longer in traditional high school/ transitional age youth

Focus Group Findings

1. Academic success, success + options after high school
2. REACH supports academic achievement + post-high school pursuits
3. Youth emphasized the importance of financial security
4. Youth lack information about options after high school



1. Ideas about Success

“Being successful... is just being able to survive... being able to afford things, to have a roof over your head.”

— *Transitional Age Youth Enrolled in the Opportunity Academy at REACH*



- Youth defined academic success in academic measures (e.g., maintaining a high GPA).
- Many youth articulated hopes that one day they could secure a well-paying job and have financial security.
- Some youth—especially youth from immigrant families—underlined the importance of maintaining a job to be able to financially support their families now. They explained that that was as important as their academic performance.

2. REACH supports academic achievement + post-high school pursuits

- Youth identified that REACH creates a safe space and supportive environment overall.
- Youth also noted that HAT ensured that youth had time without distractions to check in about and complete homework assignments.

“I feel like when REACH was built, and when I started coming here, it gave me a sense of freedom where I could just be a kid. And honestly, REACH is like family to me. And so I feel like every time I come here, I could be weird and I could just be myself... I feel like they accept me for who I am. They accept everyone. I feel like this is what the community needs. And I feel like there should be more places like this.”

— 11th or 12th Grade Member

2. How REACH Supports Academic Achievement + Post-High School Pursuits

Youth appreciated the guidance, support, and mentorship they have received from REACH staff.



“This place kind of helped me turn my life back [around]. I was at home doing nothing and had no community [because] I didn’t really have any friends like that. [REACH] helped me open up my perspective with art, and it helped me build skills...”

— 11th or 12th Grade Member

“[A specific REACH staff person and REACH alum] is somebody I trust my education with a lot... He says community college — [so now I think] let’s do it.”

— 9th or 10th Grade Member

2. How REACH Supports Academic Achievement + Post-High School Pursuits

Youth reported receiving encouragement and support to find jobs and internships at REACH.



“I feel like [REACH staff] has been a big help, for me and my sister. For example, [REACH staff] helped my sister apply to a college and she helped my sister get her first job, and she’s still trying to help her. And for me, she’s trying to help me with my resume so I can start looking for a job.”

— 11th or 12th Grade Member

3. The Importance of Financial Security

- Across the focus groups, REACH members expressed **concern about future financial stability**, often because of financial hardship and financial insecurity they experience at home.
- Youth emphasized the **importance of reducing their family's financial burdens**, now and later in adulthood.
- They identified a **desire for financial independence** and an interest in learning skills related to personal finance, including money management, filing taxes.
- Many youth expressed an **interest in learning more about job skills and career options**. They explained that they would like to learn how to:
 - Put together a resume
 - Apply for a job and navigate a job interview
 - Get experience working
 - Run a business

4. Insufficient Information to Plan Effectively

1

Lack of understanding of high school graduation requirements

2

Lack of information regarding job/career options + steps/prerequisites

3

Lack of familiarity with options for higher education after high school

Recommendations (Youth)

1. **IN PROCESS! Lower Youth-to-Staff Ratios:** Youth noted that they felt REACH staff were stretched thin, and that a greater youth-to-staff ratio would benefit both staff and the youth. Likewise, a greater youth-to-staff ratio would allow youth and REACH staff to form closer relationships and stronger support systems.
2. **Mentors + Life Coaches:** Across all focus groups, youth were interested in having individual mentors (or mentors with only a few mentees) and life coaches. The youth emphasized that having someone to guide them and provide support throughout their high school and college careers would be extremely beneficial. By having a personal mentor or life coach, they could develop a close relationship with a role model that they could come to for additional advice and support outside of their school and home.
3. **Testimonies from Older or Past REACH Members:** Many of the youth (especially the youth in middle school) were interested in testimonies from older REACH members who benefitted from and utilized REACH resources, so that they can consider how to best make use of the resources REACH has to offer.
4. **IN PROCESS! More Information on REACH Resources:** Youth expressed interest in more information about the range of resources are available to them at REACH, especially related to paid internships and jobs. Most youth had heard of possible internships from REACH staff or friends but did not have a clear understanding of how to apply for an internship.

Recommendations (Youth)

5. **IN PROCESS!** Provide workshops on a range of topics (mental health, procrastination, personal finance, job options/career pathways, etc.)
 - **Mental health:** Some youth discussed their struggles with mental health and depression, and how that has impacted their education.
 - **Procrastination:** Many youth expressed challenges with procrastination, and noted a range of factors that contribute to their procrastination, including distractions at home and feeling anxiety and/or uncertainty regarding many aspects of their schoolwork — including how to choose courses and how to complete school assignments. The youth suggested that REACH could provide workshops that explore strategies to tackle procrastination and discuss tools youth can develop and use to create healthy study habits (as well as provide support to other REACH members).
6. **Provide Evening/Weekend Hours + IN PROCESS! Programming for Older Members:** The older youth expressed an interest in keeping REACH open later to accommodate and attract older REACH members. This would also allow youth to have a safe place to gather in the late afternoons.
7. **IN PROCESS! Provide additional opportunities to explore career opportunities:** Youth noted the importance of job fairs and support to explore possible career options
8. **IN PROCESS! Provide additional opportunities for youth internships**
9. **Consider dedicating a space in REACH for youth to do homework and to get additional academic support**

Recommendations (Evaluator)

1. Increase middle school student awareness of high school options
2. **IN PROCESS!** Expose young people to critical thinking (for example, gaining awareness and skills related to thinking critically about fake news, data sources, etc.)
3. **IN PROCESS!** Expand opportunities to a range of post-high school options
4. **IN PROCESS!** Expand opportunities for paid internships
5. Explore the possibility of establishing volunteer mentors (e.g., for youth 18+)

Questions?





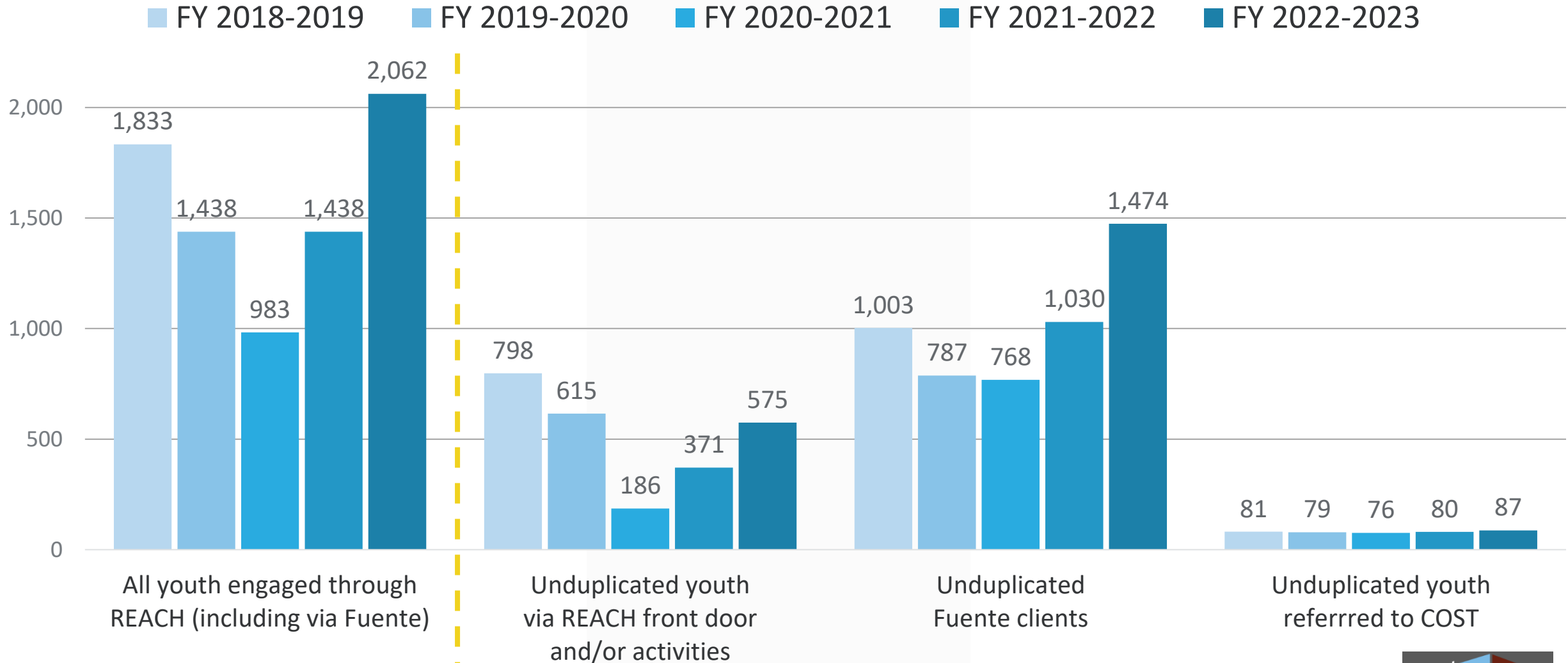
REACH Attendance + Participation

Fiscal Year 2022-2023 Evaluation

How
much did
we do?



Five-Year Attendance Trend



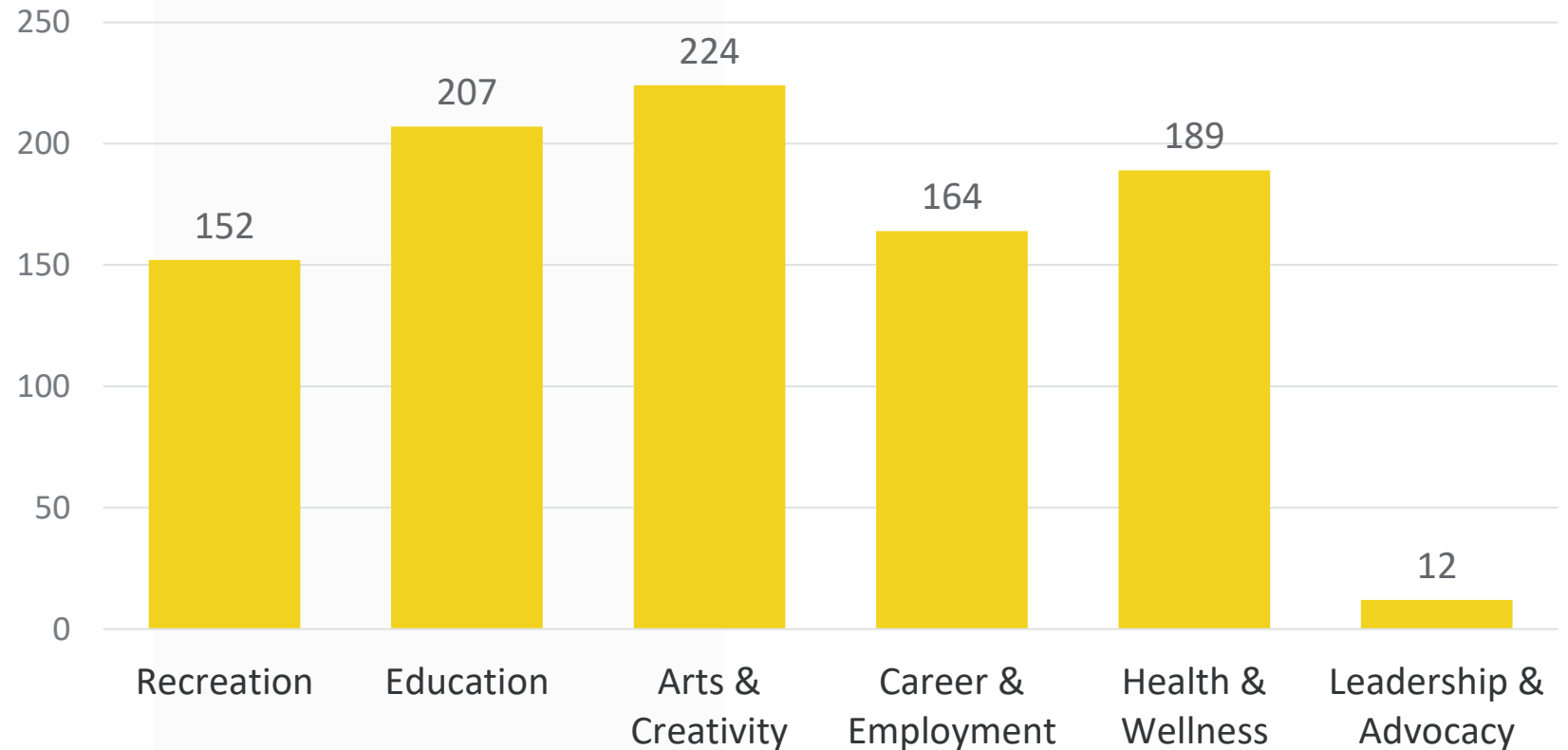
Participation in REACH Program Areas

Between 26% and 38% of REACH Members active in FY 2022-2023 participated in each of the five main program areas.

Average of 14.8 days at REACH (per active member) and 13.3 days with recorded program participation.

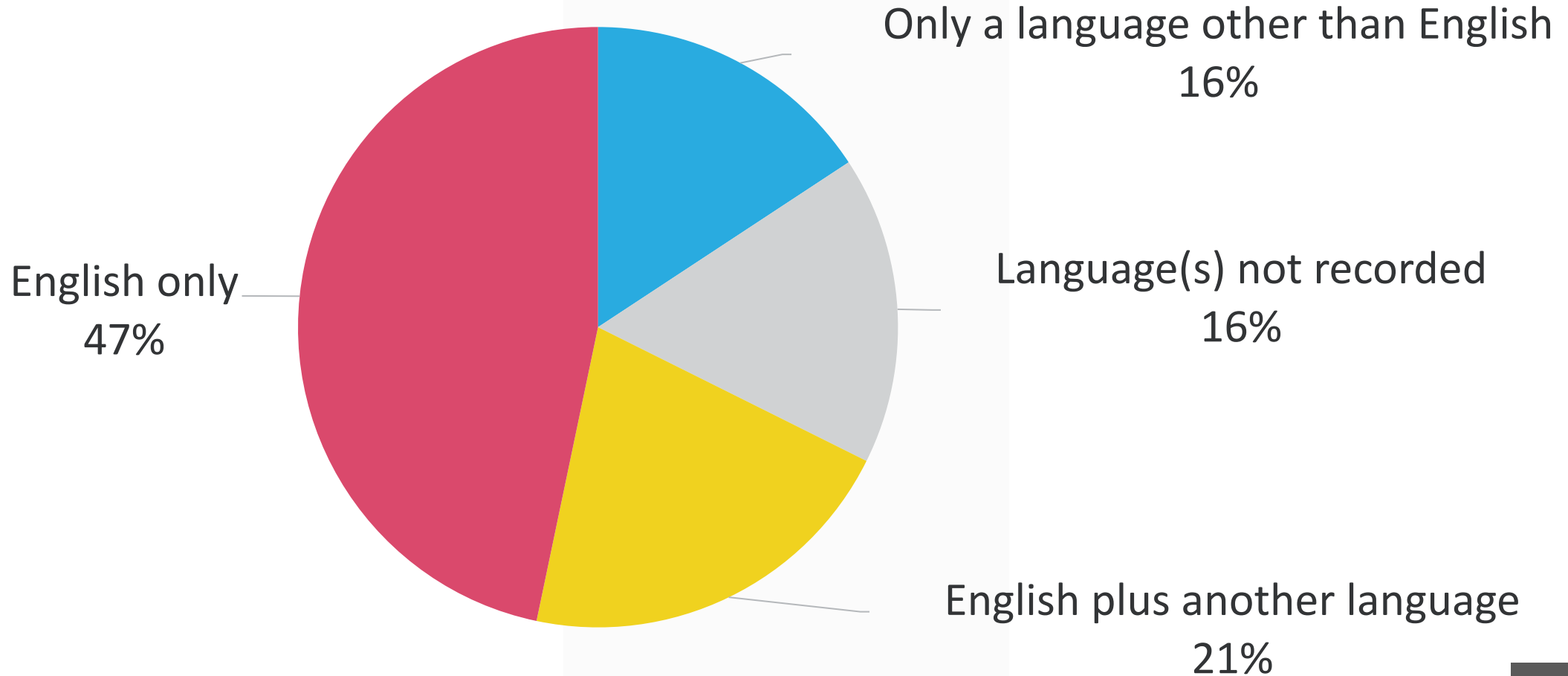
19% of members do not have data on activity participation

Number of REACH Members Participating in Specific Program Areas in FY 2022-2023



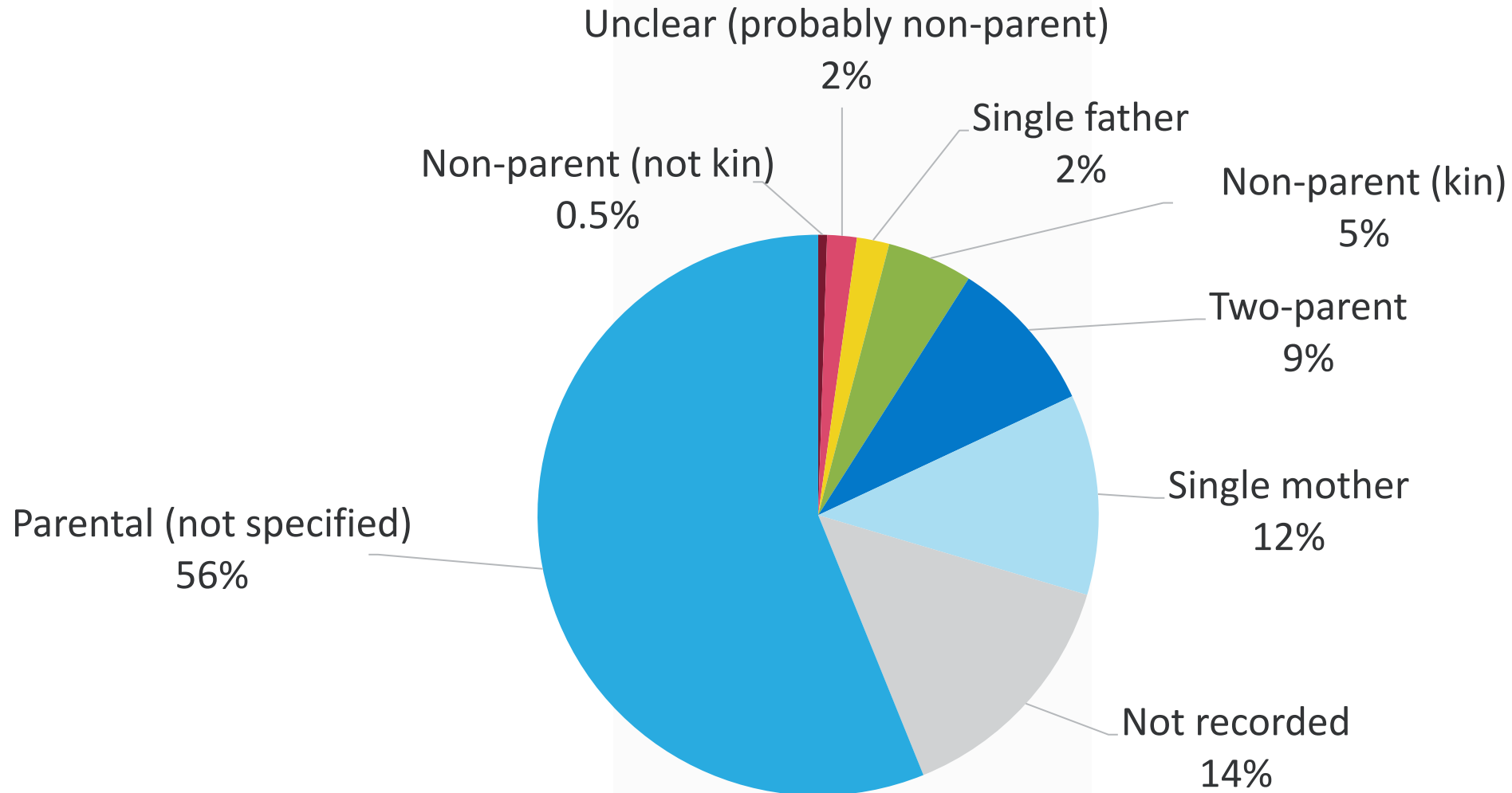
Active REACH Members' Primary Languages

REACH Members Active in FY 2022-2023 (n=588)



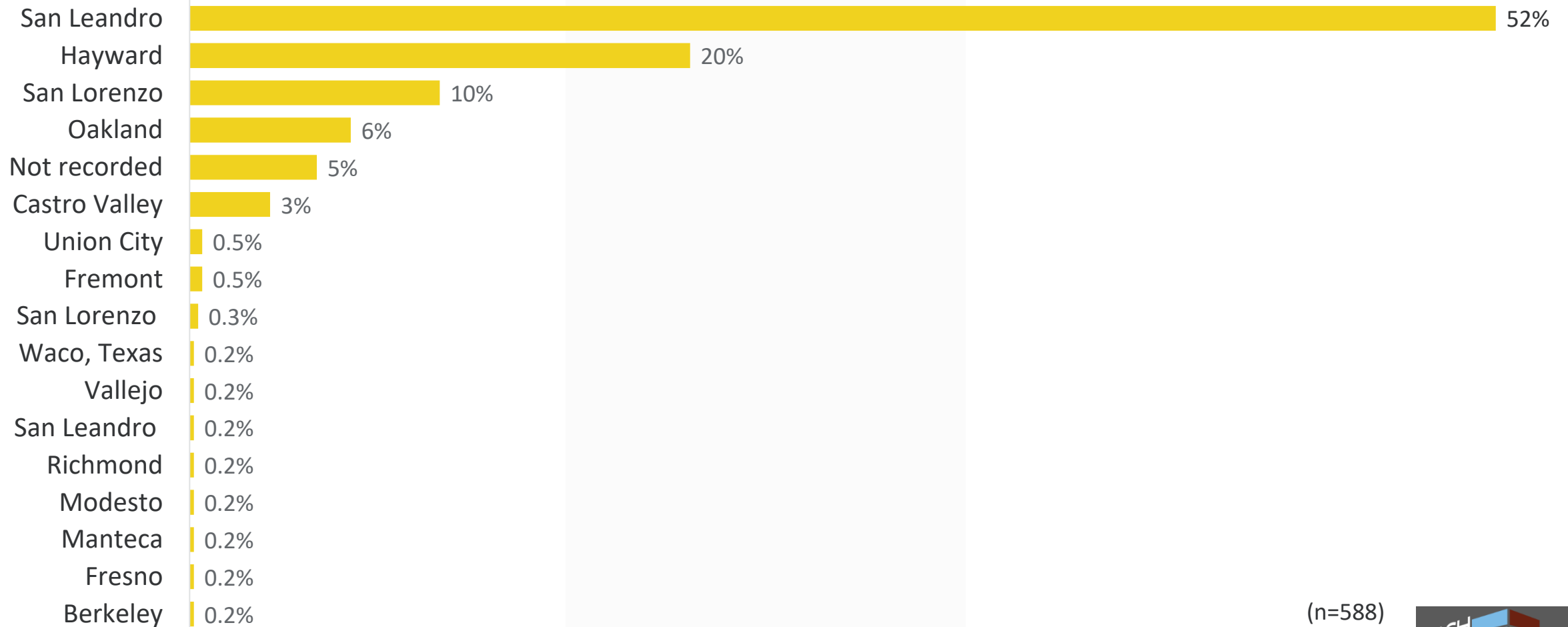
Household Settings for Active REACH Members

REACH Members Active in FY 2022-2023 (n=588)



Where Active Members Live: Communities*

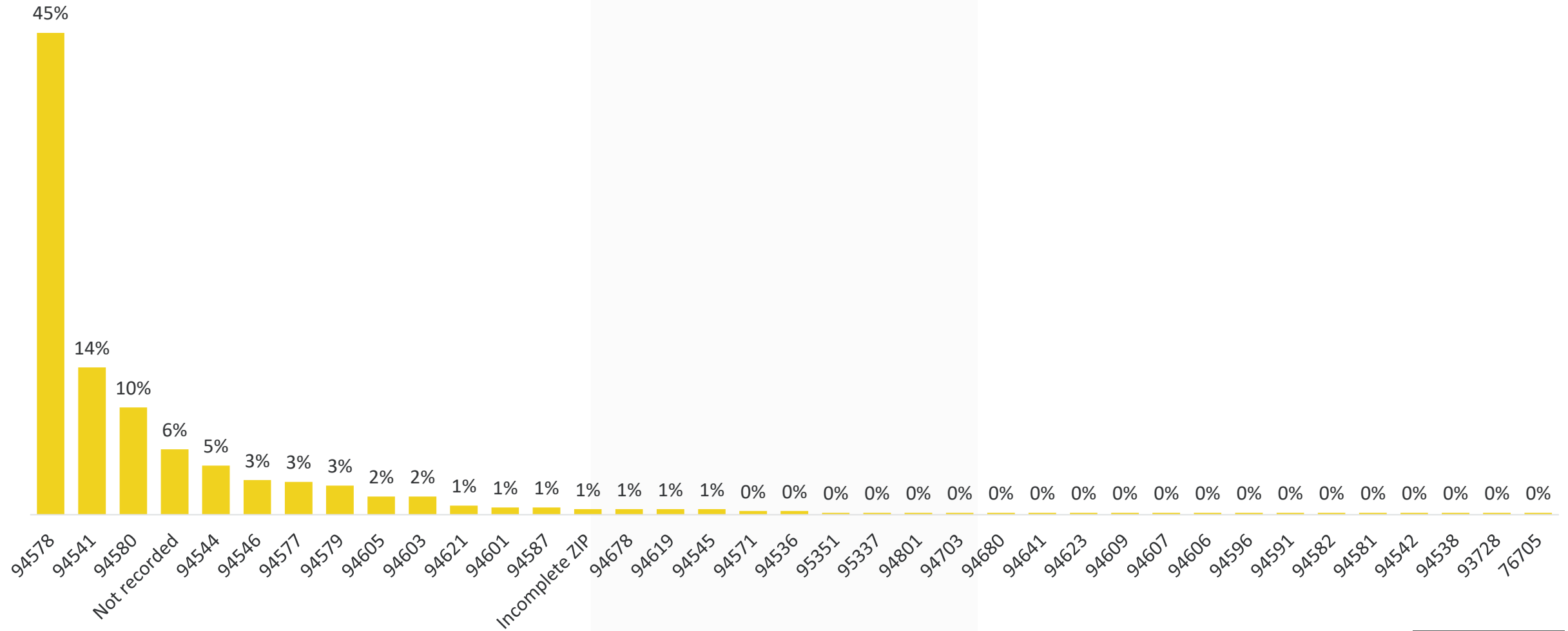
*Cities below reflect members' mailing addresses and are not aligned with the jurisdictional boundaries of the incorporated cities included in the list below



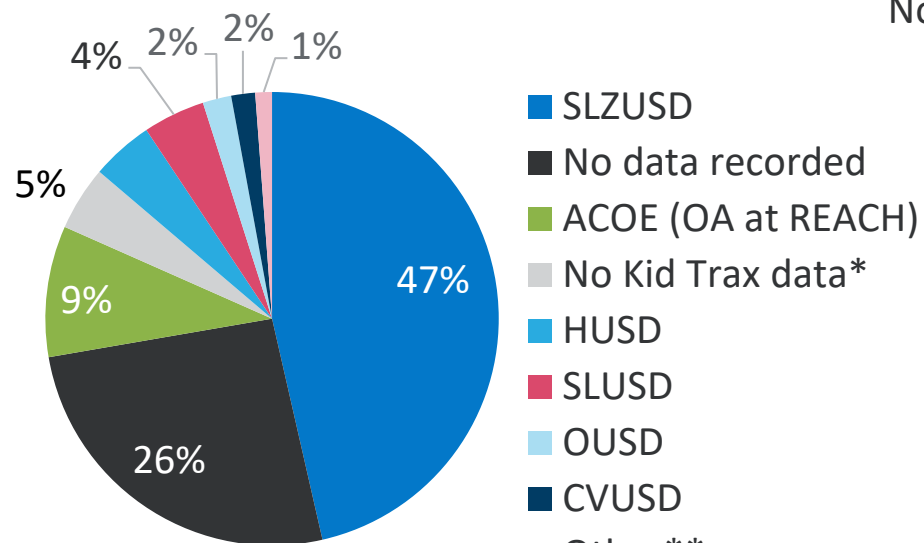
(n=588)

Where Active Members Live: ZIP Codes

ZIP Codes Where REACH Members Live (n=588)



School Districts for Active Members

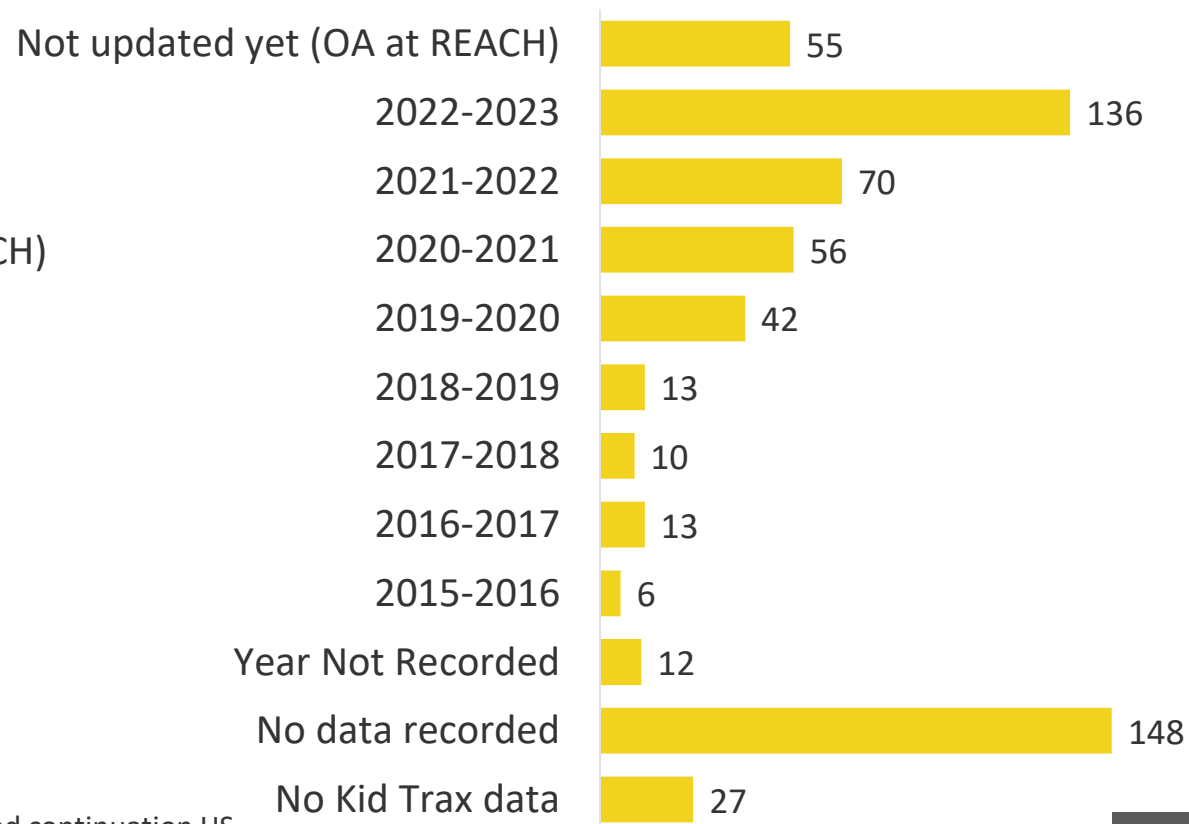


(n=58)

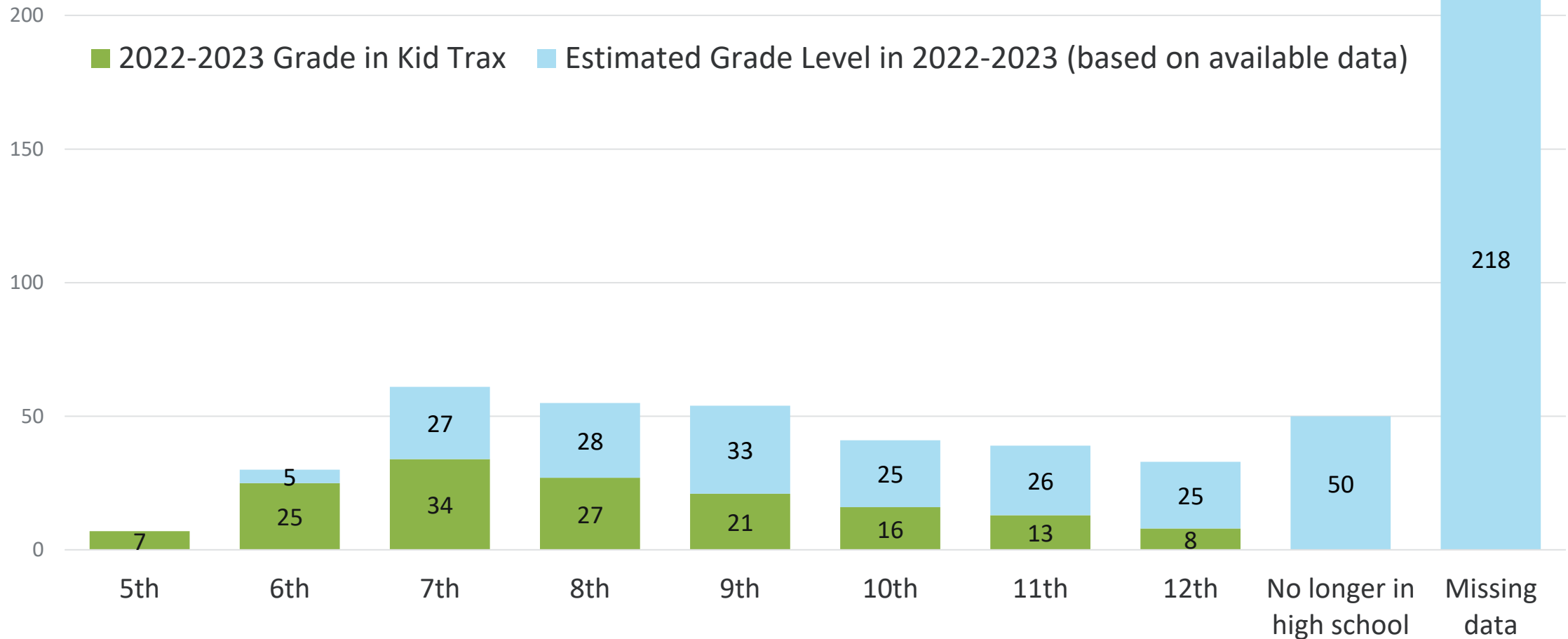
* COST referrals and OA students without Kid Trax/member IDs

** BUSD, NHUSD, parochial/private, community college, unspecified continuation HS

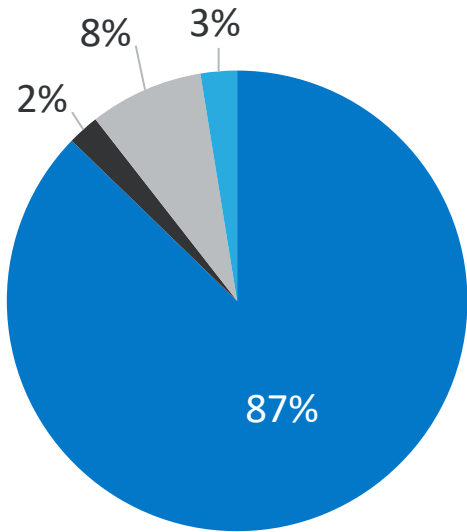
Most recent school data in Kid Trax for active members



Grade Levels for Active Members

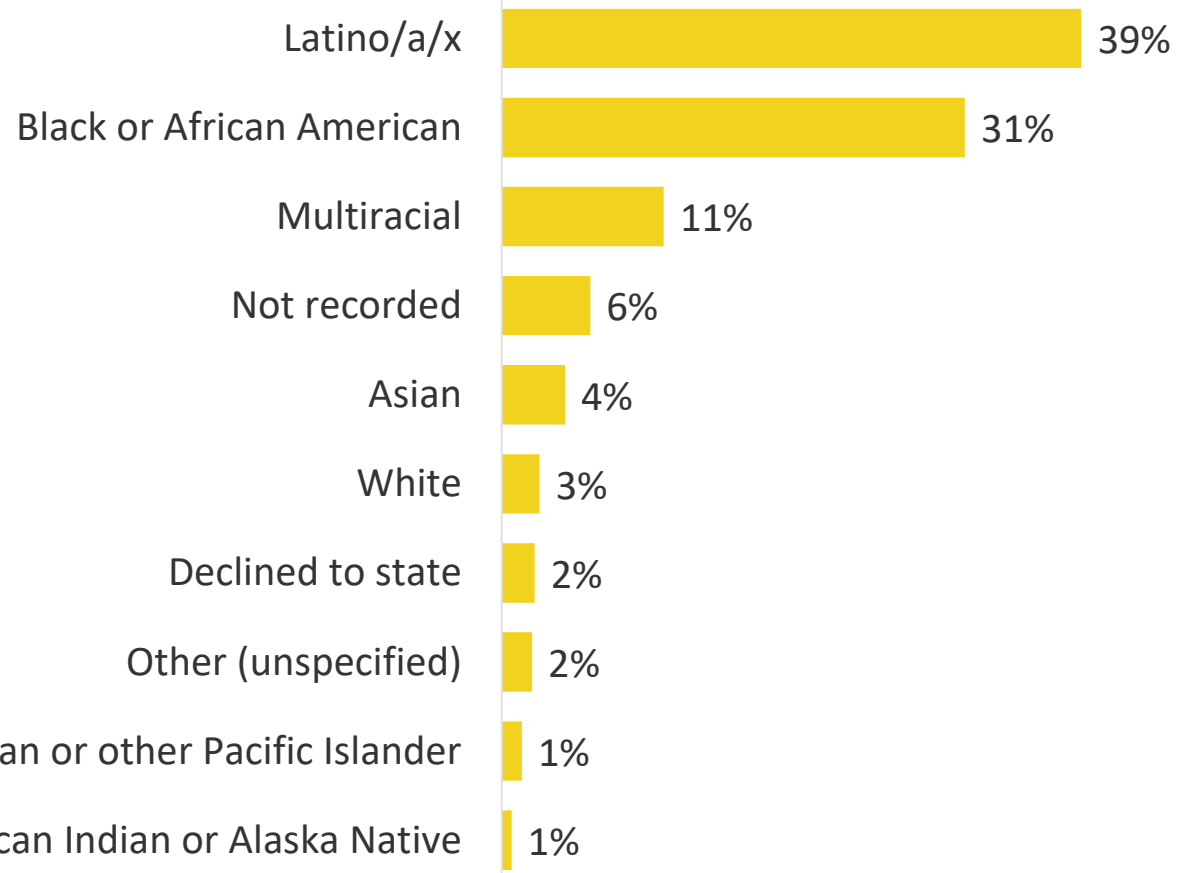


Member Demographics: Race/Ethnicity



- BIPOC
- Declined to state
- Not recorded
- White alone (non-Latinx/Hispanic)

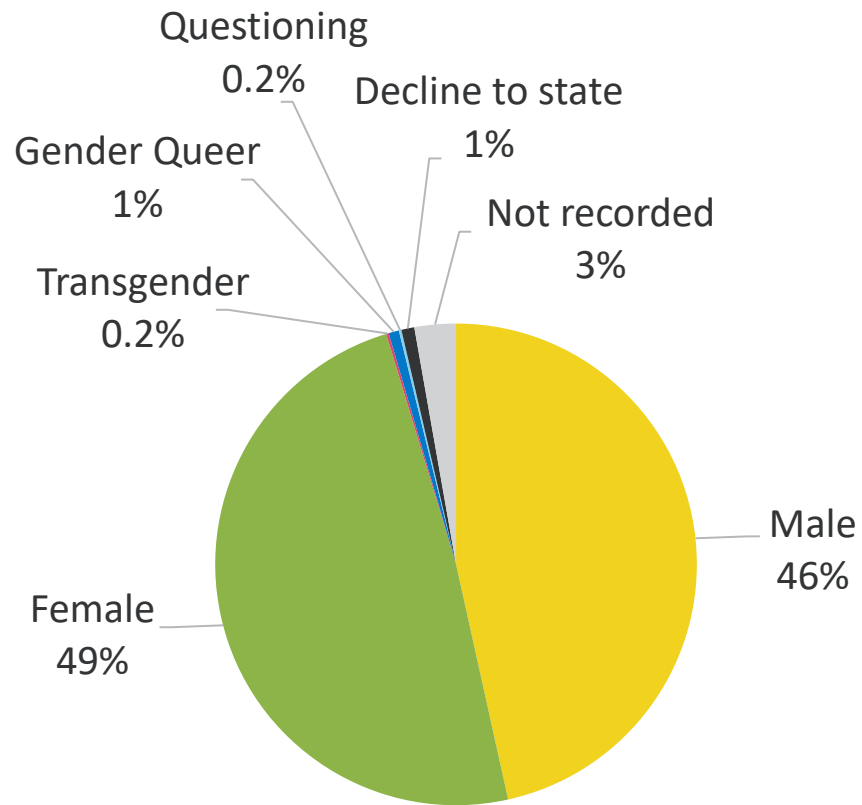
(n=588)



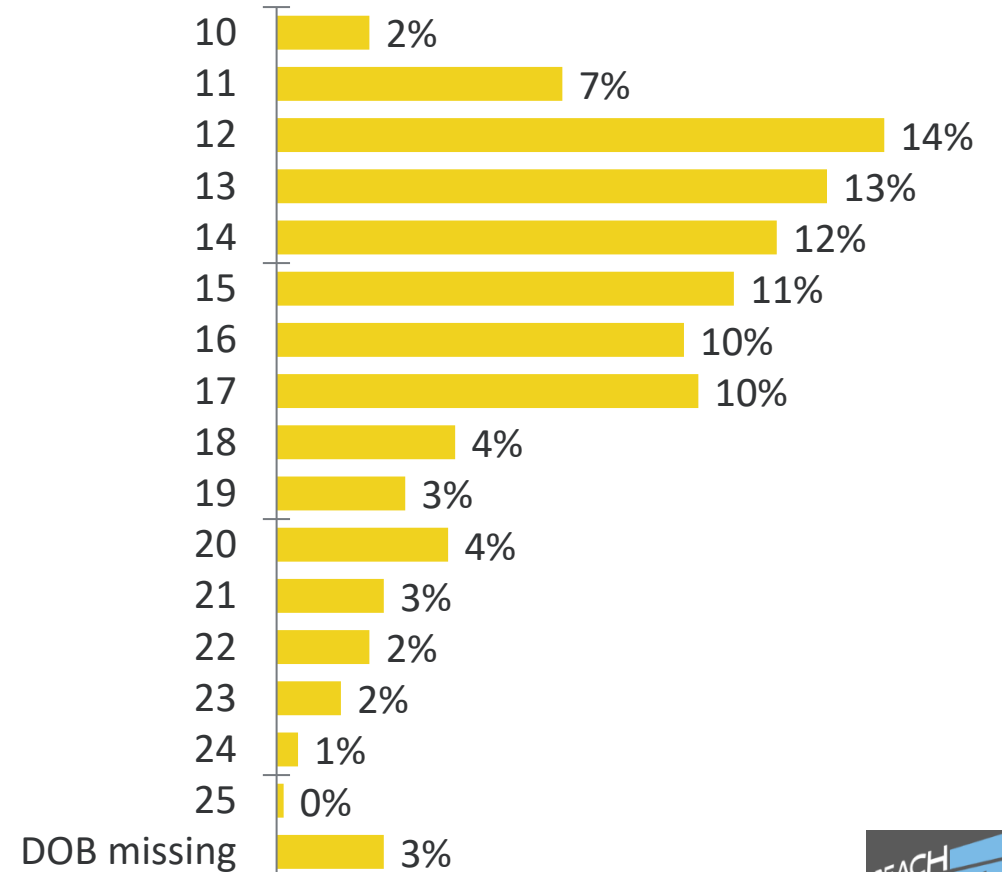
(n=588)

Member Demographics: Gender + Age

Gender (n=588)

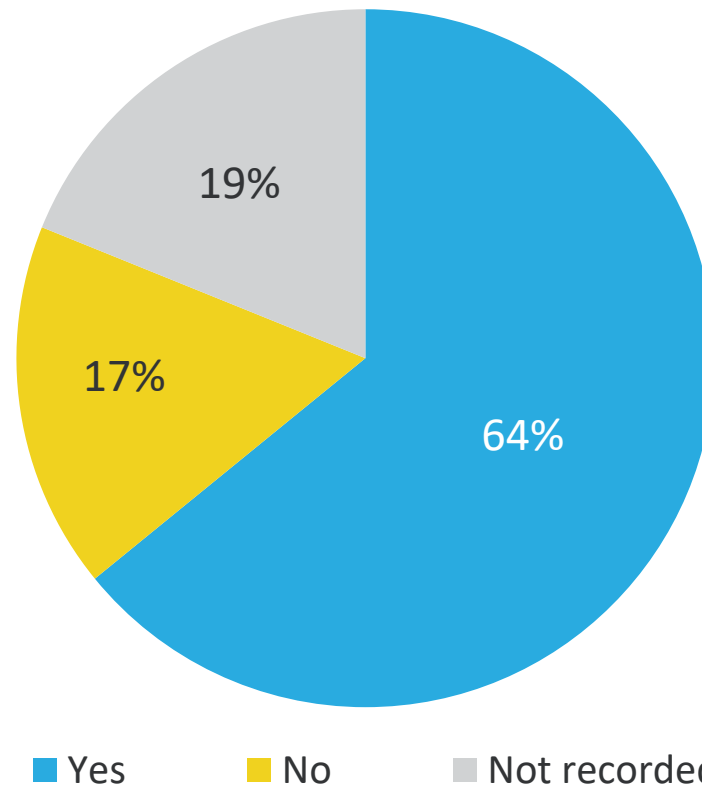


Active REACH Members by Age (n=588)



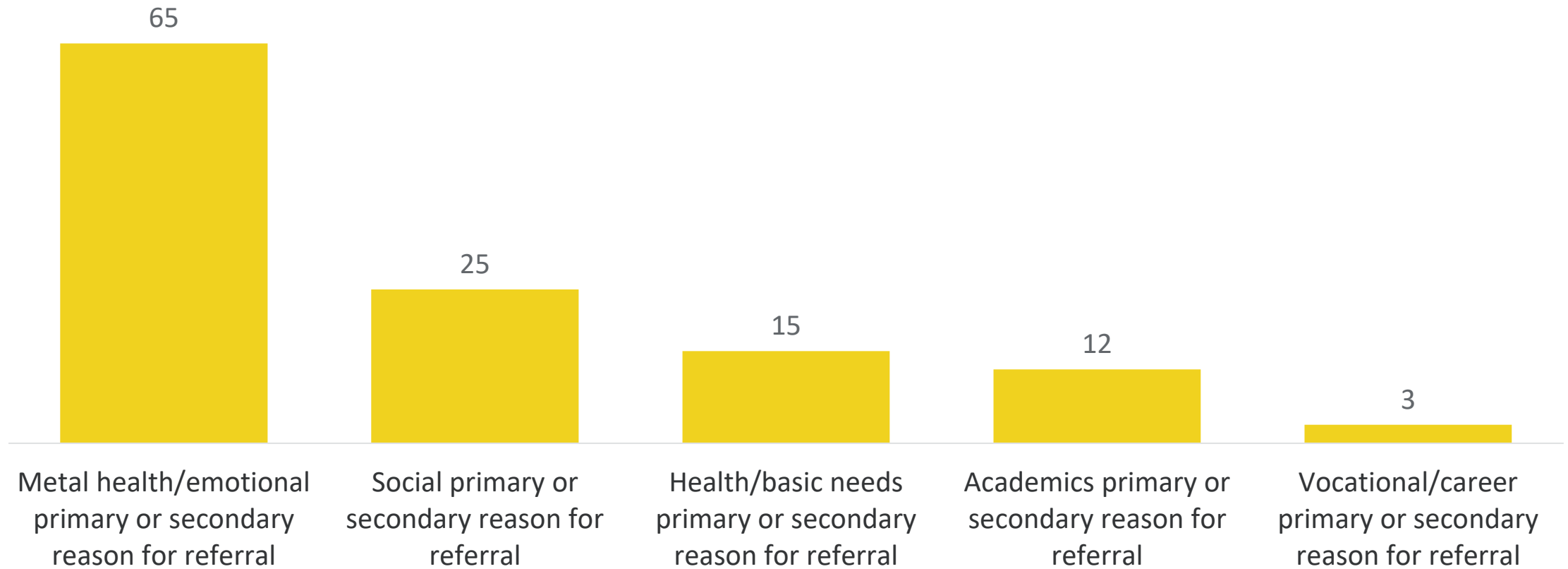
Free/Reduced Price School Meal Participation

School Lunch Program Participation (n=588)



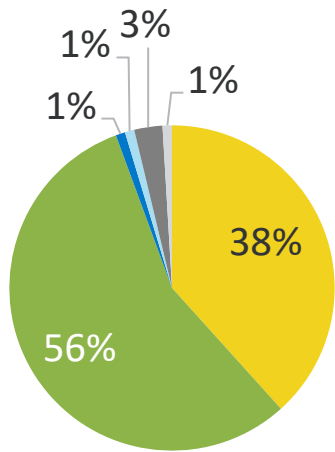
Additional Data: COST Referrals

Reasons for COST Referrals



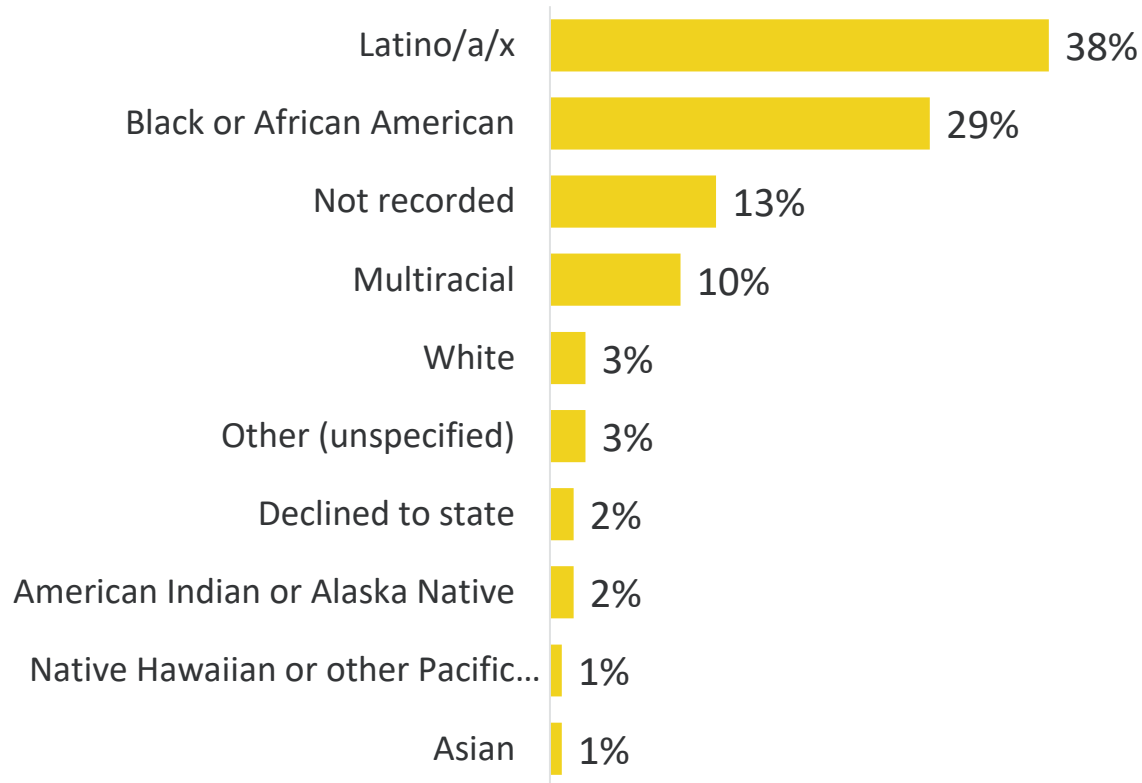
Demographics for Youth Referred to COST

Gender (n=111)

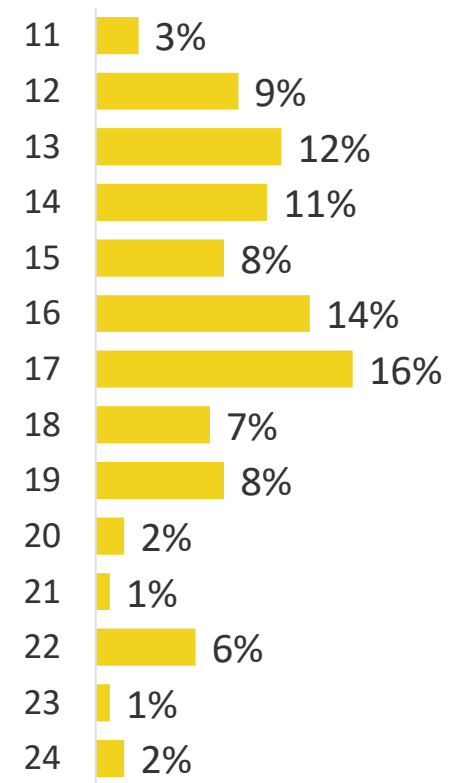


- Male
- Female
- Gender Queer
- Transgender
- Decline to state
- Not recorded

Race/Ethnicity (n=111)

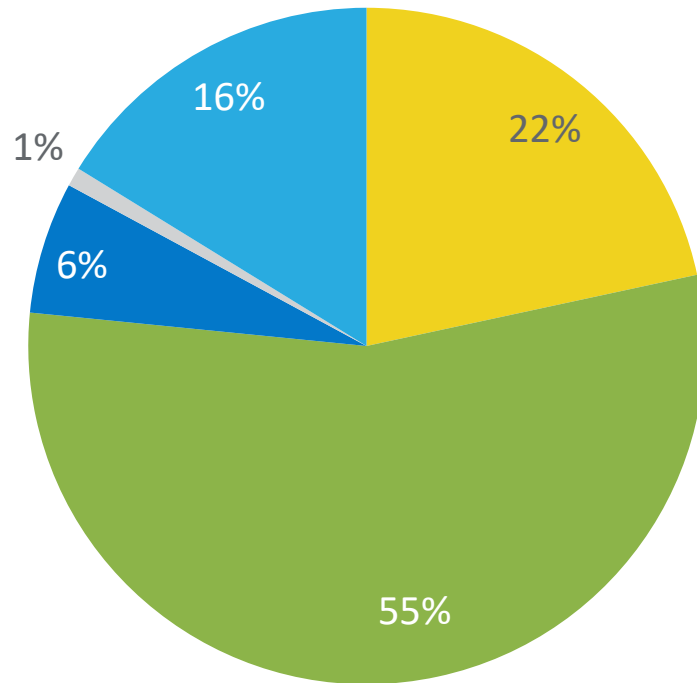


Age (n=111)



Outcomes of COST Referrals

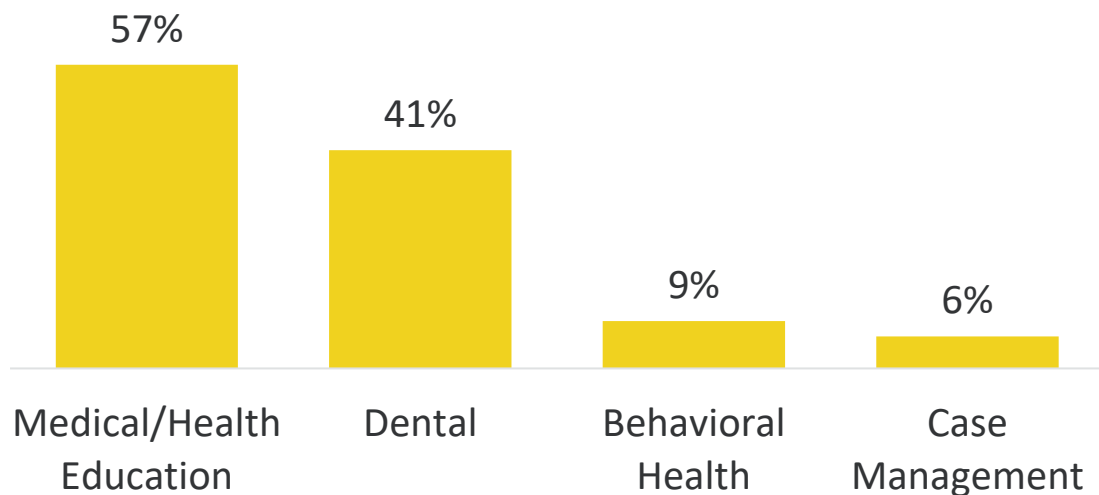
Outcomes (n=111)



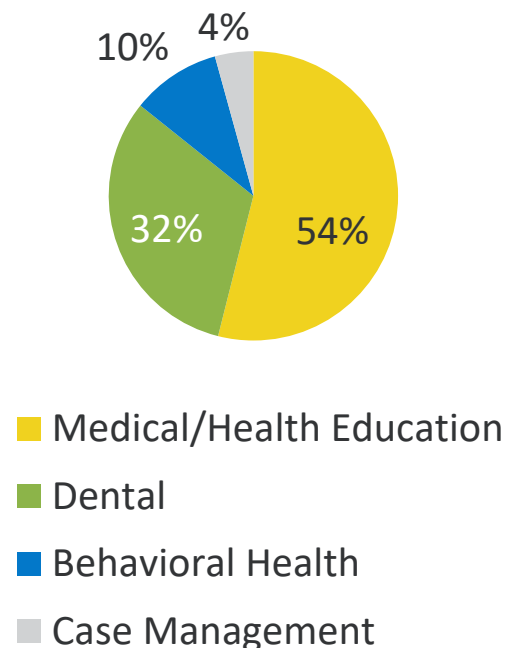
- No COST referral but on CCM caseload in 22-23
- referred + connected to services
- referred but declined services
- referred; declined/nonresponsive
- referred; declined/non-responsive

Fuente Health Center: Clients + Visits

Percent of Total Clients Utilizing Service
(n=1,474)



Percent of Total Visits
(n=5,572)



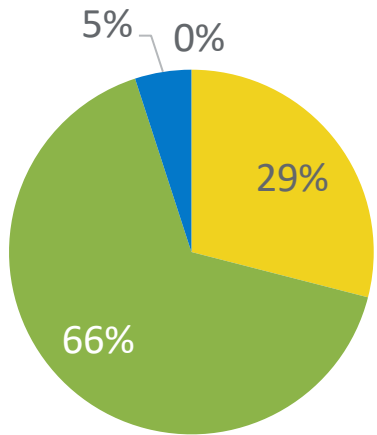
Average number of visits per client by visit type:

- Medical/health education = 3.6
- Dental = 2.9
- Behavioral health = 4.2
- Case management = 2.7

Note: There may be duplication errors across clients who received dental and other services.

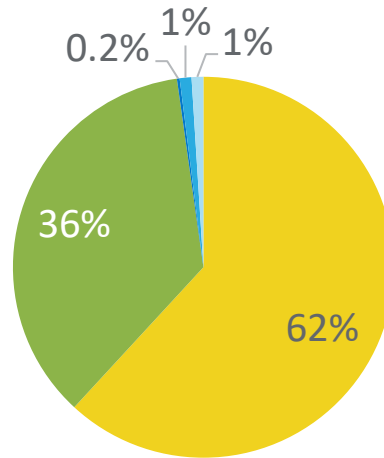
Fuente Patient/Client Demographics

Age (n=866)



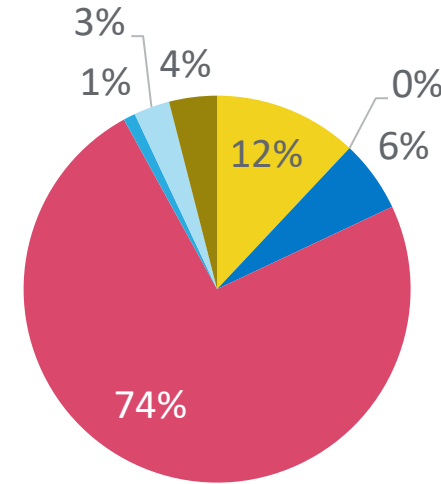
- Children (0-15)
- TAY (16-24)
- Adults (25-64)
- Older Adults (65+)

Gender (n=866)



- Female
- Male
- Transgender
- Non-binary
- Another

Race/Ethnicity (n=810)



- African American/Black
- American Indian &/or Alaskan Native
- Asian
- Hispanic/Latino
- Native Hawaiian &/or Other Pacific Islander
- White/Caucasian
- Other (includes multiracial and self-identified as other)



Spring 2023 Member Survey Highlights + Trends

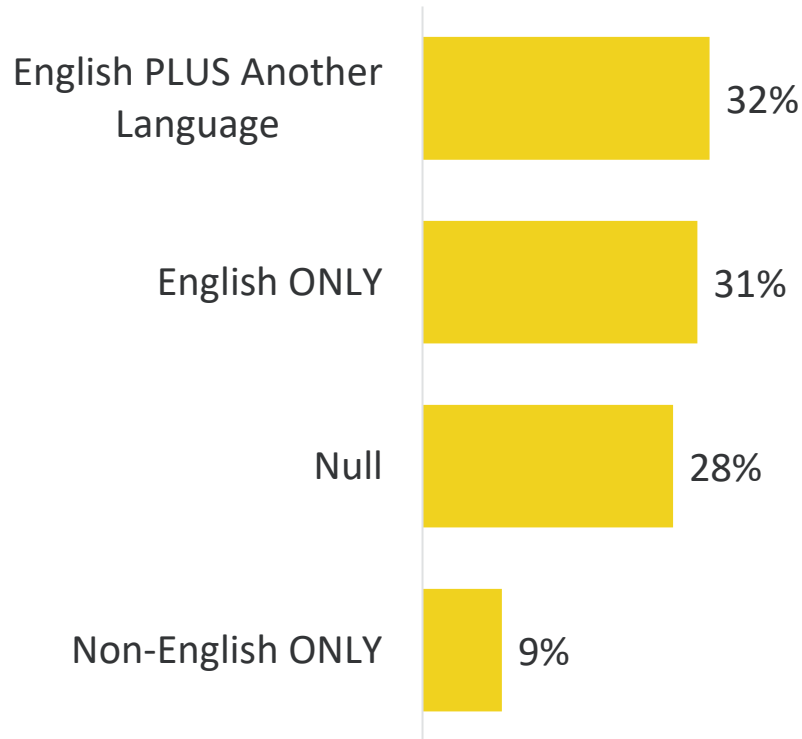
Fiscal Year 2022-2023 Evaluation

How well
are we
doing?

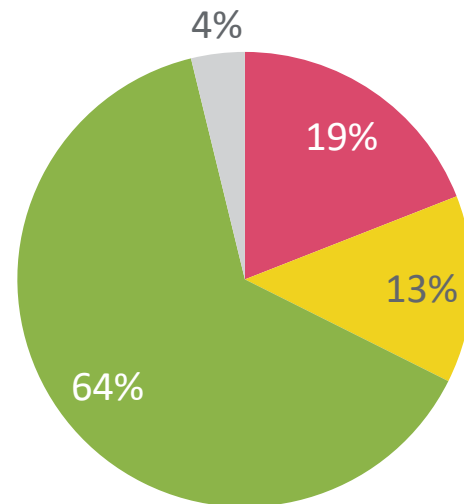


Additional Demographics for Members

Languages Spoken at Home
(n=146)



Since you were born, have you and/or any of your family members experienced one or more of the following (see right)?
(n=105)



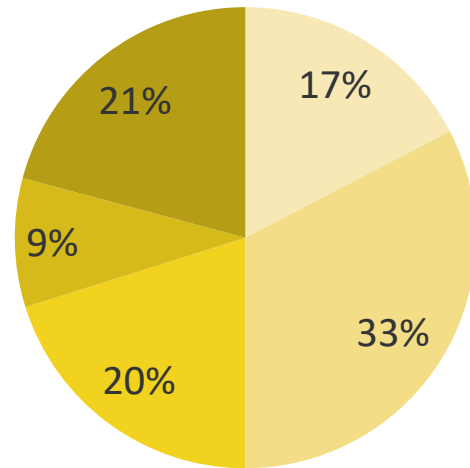
■ Yes ■ I am not sure ■ No ■ I prefer not to answer

- Been arrested, in jail/prison, or on probation/community supervision/parole
- Been in foster care or the child welfare system
- Been homeless, lived in a car or other vehicle, or had an unstable/temporary living situation (e.g., transitional housing, couch-surfing, living in a motel)

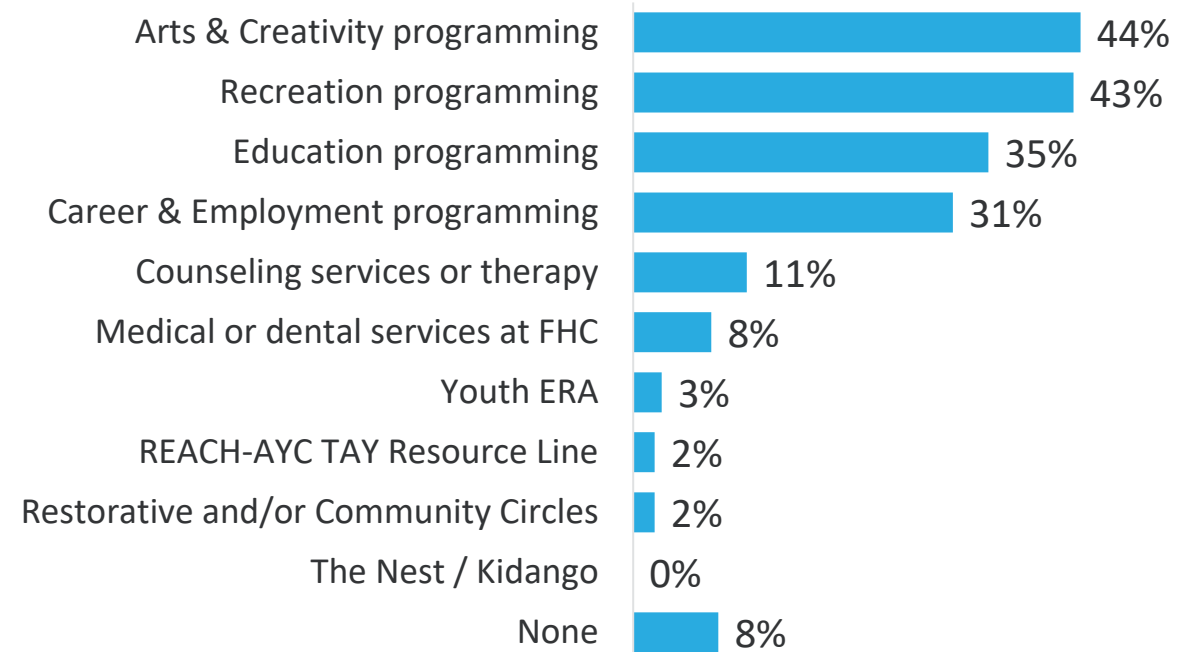
Experience at REACH

Question 1: When did you first come to REACH? (n=144)

- In 2023 (Jan-present)
- Between summer 2022 and Dec 2022
- During the 2021-2022 school year (July 2021-May 2022)
- 2-3 years ago / between summer 2020 and summer 2021
- More than 3 years ago (during or before spring 2020/beginning of COVID-19 pandemic)



What REACH programs, activities, or services have you participated in or utilized in the past 12 months? (n=143)



Satisfaction Measures

The people who work at REACH treat me with respect. (n=133)

98%

The people who work at REACH expect me to do my best. (n=130)

98%

REACH programs/services address my needs and interests. (n=132)

91%

REACH has helped me understand how to get resources for me and/or my family. (n=132)

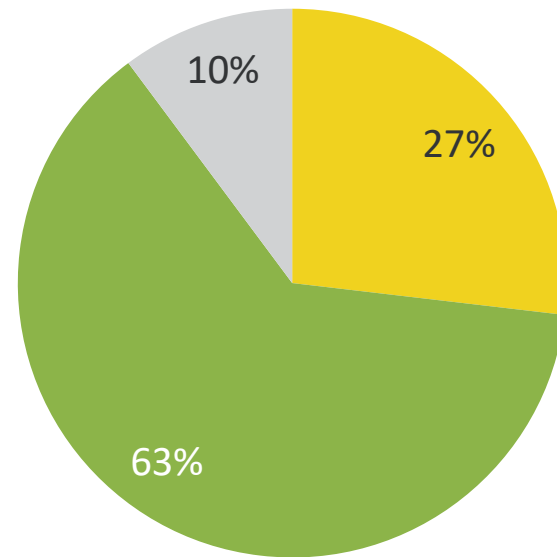
67%

How are REACH members doing?



Additional Survey Data - Result Area 1: All youth are healthy physically, mentally, and emotionally

Have you felt so sad or hopeless almost every day for 2 weeks or more that you stopped doing some usual activities? (n=108)



■ Yes ■ No ■ Not sure

Additional Survey Data - Result Area 2: Youth are supported by safe and nurturing communities

REACH members reporting...

99%



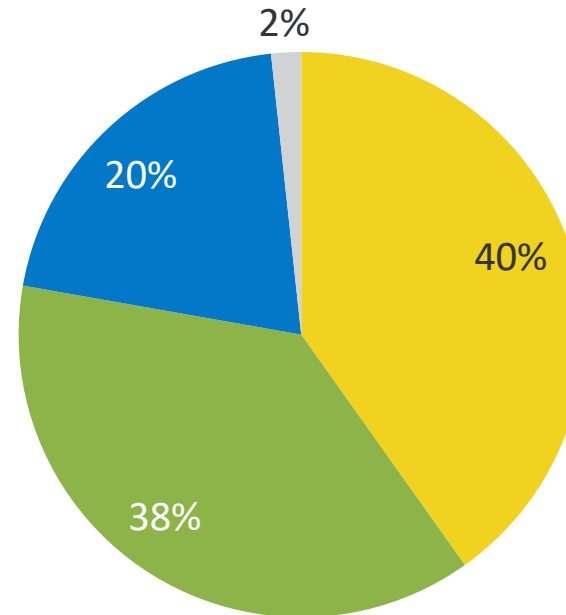
I feel safe at REACH.
(n=133)

98%



Other youth at REACH
generally treat me with
kindness and respect.
(n=133)

Do you feel safe in your neighborhood all of the time, most of the time, some of the time, or none of the time? (n=117)



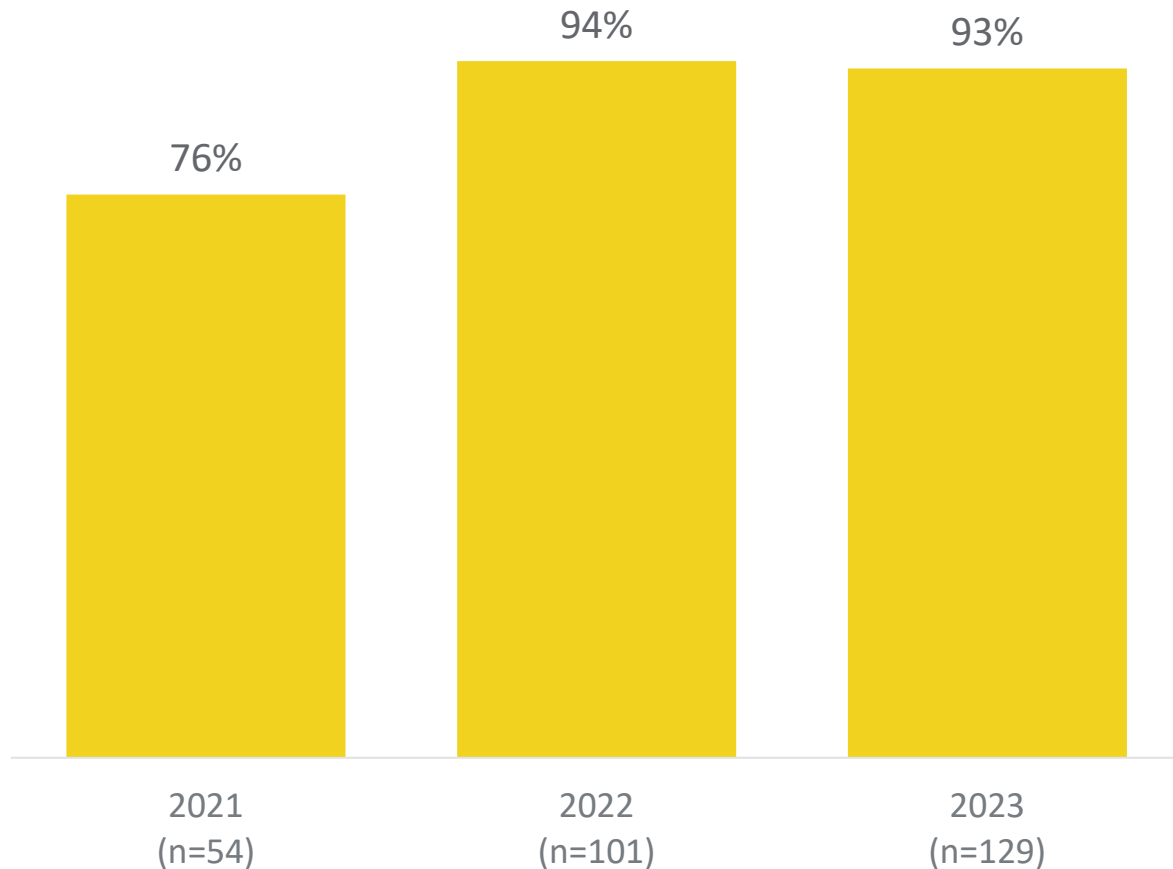
- All of the time
- Most of the time
- Some of the time
- None of the time

Indicator of
success:
REACH
Members
speak up
against bullying

- All youth are healthy physically, mentally, and emotionally.
- Youth are supported by safe and nurturing communities.
- **Youth are actively involved in making decisions in their community.**
- Youth succeed academically and socially.
- Youth are prepared for and engaged in jobs leading towards a career.
- Youth are supported by safe and nurturing families.

REACH Members Speak Up Against Bullying

REACH Members try to stop bullying when they see it happening



For comparison: San Lorenzo Unified 2021-2022 California Healthy Kids Survey (CHKS) data

Overall (students in all racial/ethnic groups):

- 30% of 7th graders
- 22% of 9th graders
- 25% of 11th graders
- 34% of non-traditional students

Just for Black/African American (non-Hispanic) students:

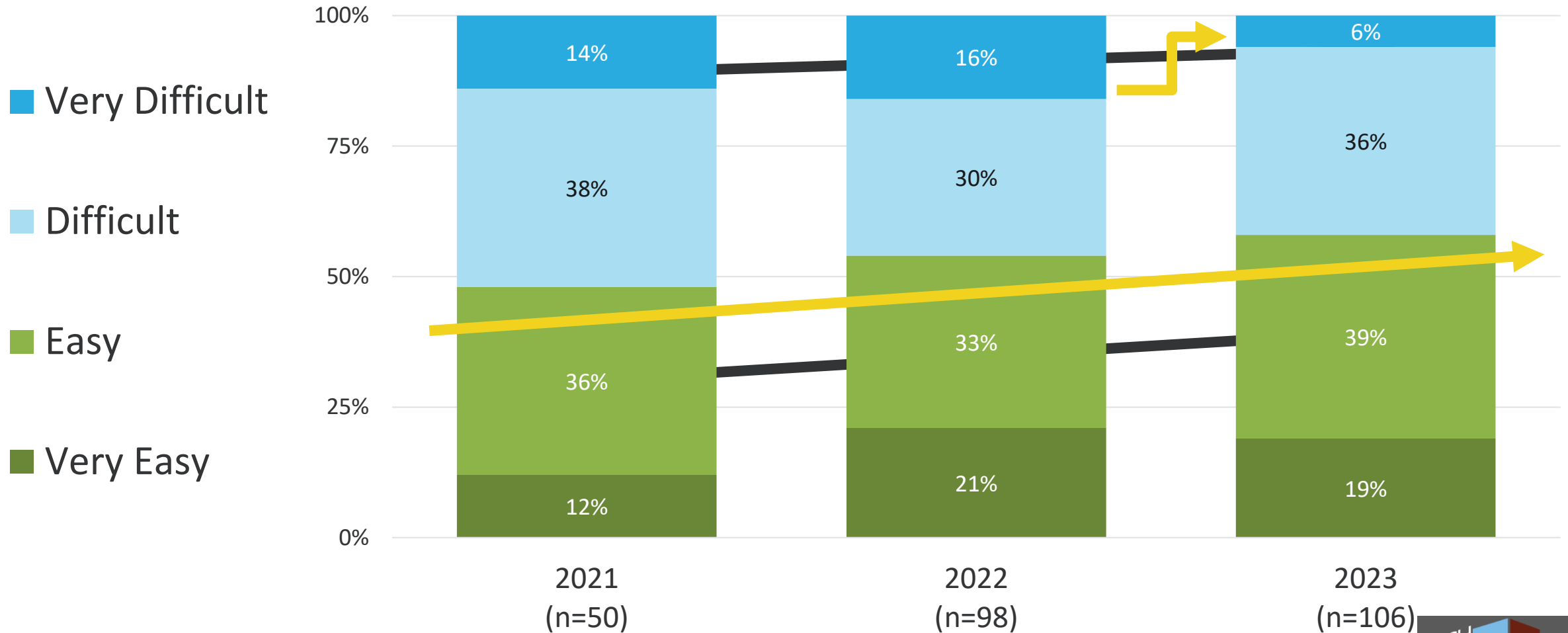
- 37% of 7th graders
- 25% of 9th graders
- 14% of 11th graders

Just for Latinx or Hispanic students:

- 31% of 7th graders
- 20% of 9th graders
- 27% of 11th graders

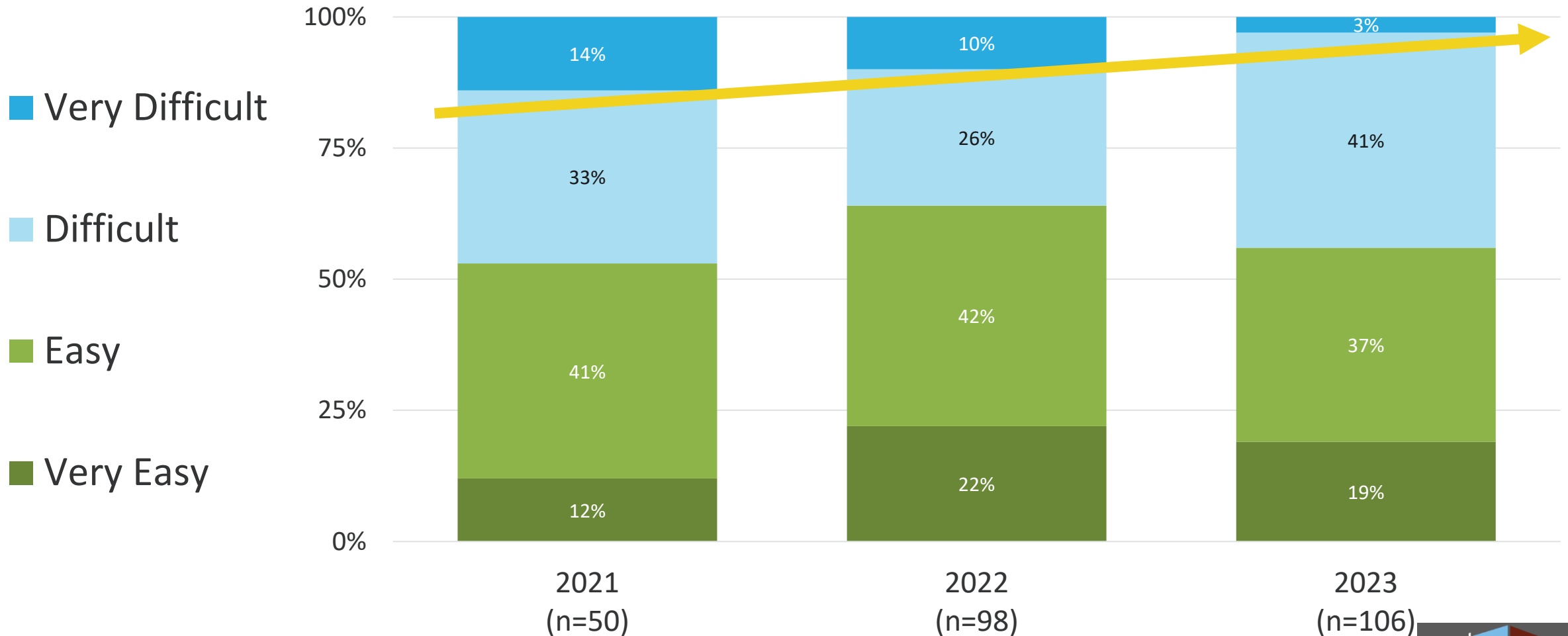
Increased Ease + Less Difficulty Finishing Schoolwork

Finishing my schoolwork without reminders

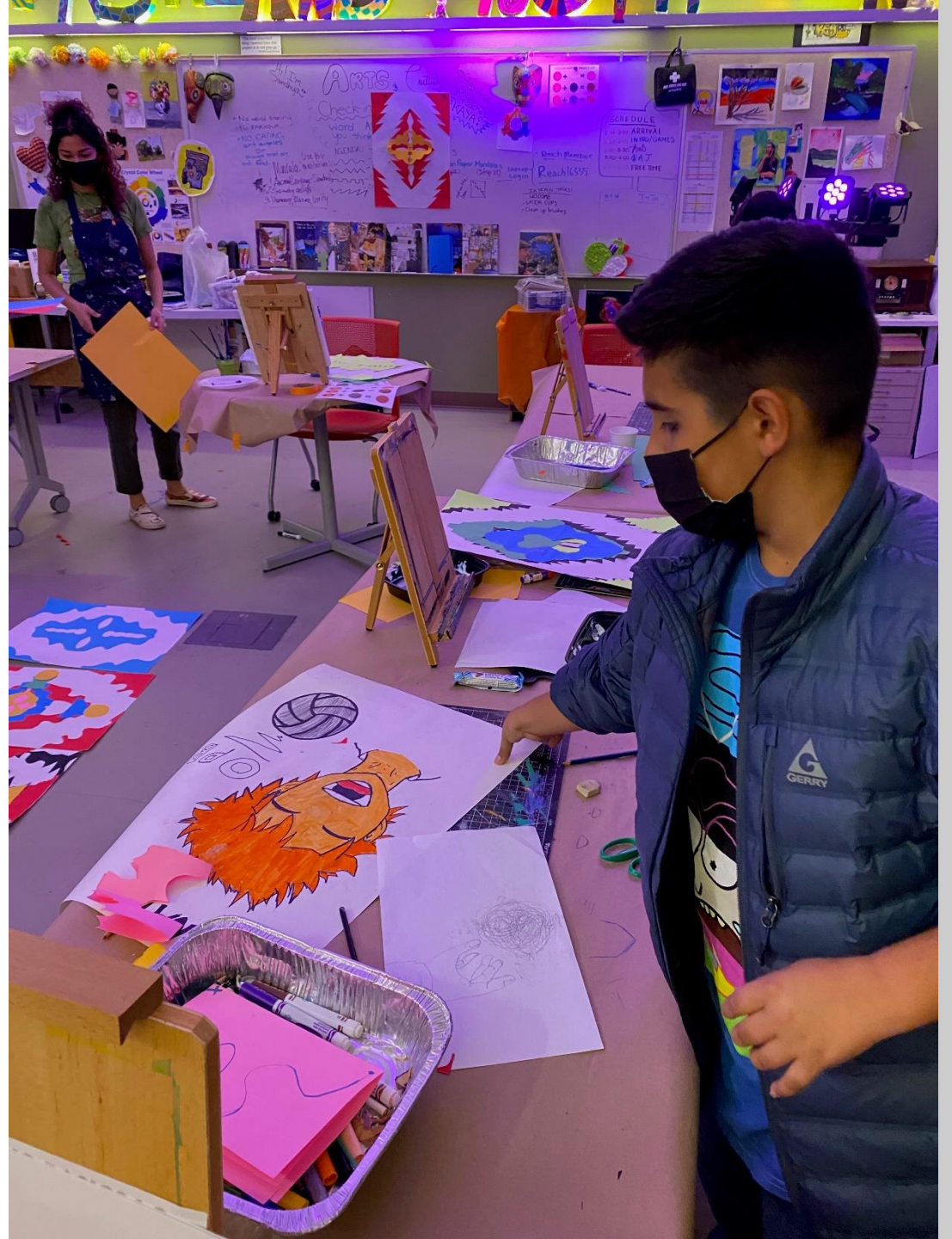


Less Difficulty Planning Ahead to Finish Projects

Planning ahead so I can turn a project in on time

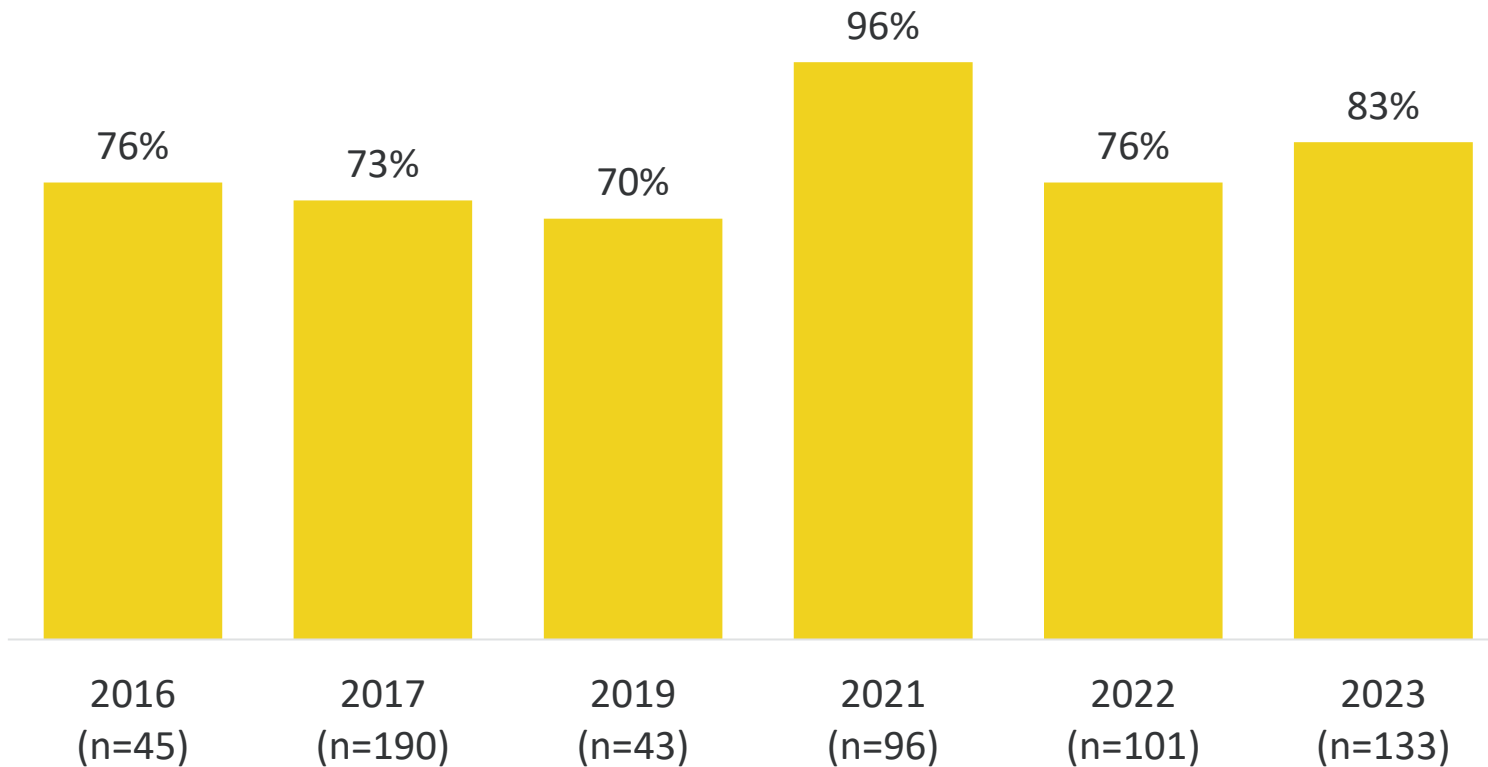


How Are REACH Members Better Off?

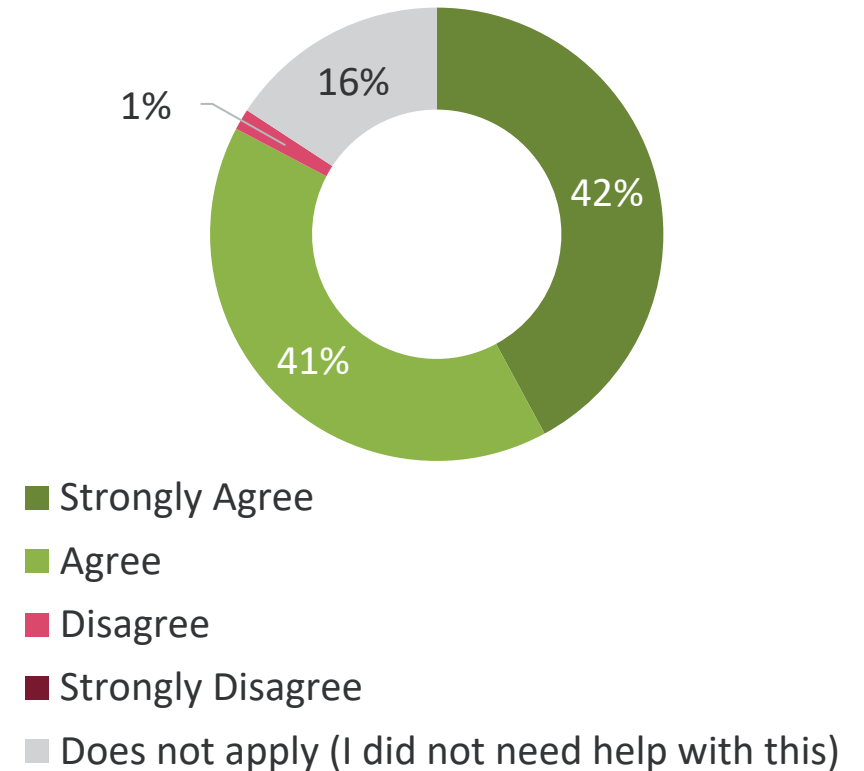


REACH Helps Youth Do Better in School

Percentage reporting the people who work at REACH help them do better in school

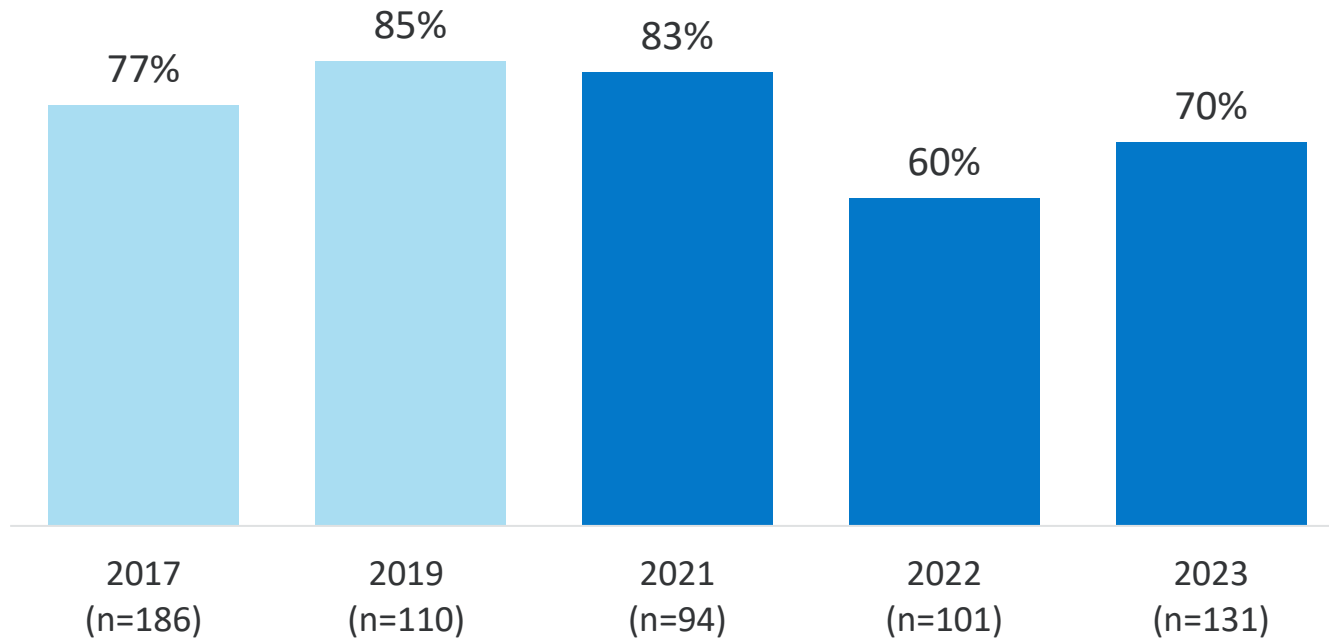


2023 responses:
“The people who work at REACH help me do better in school.”



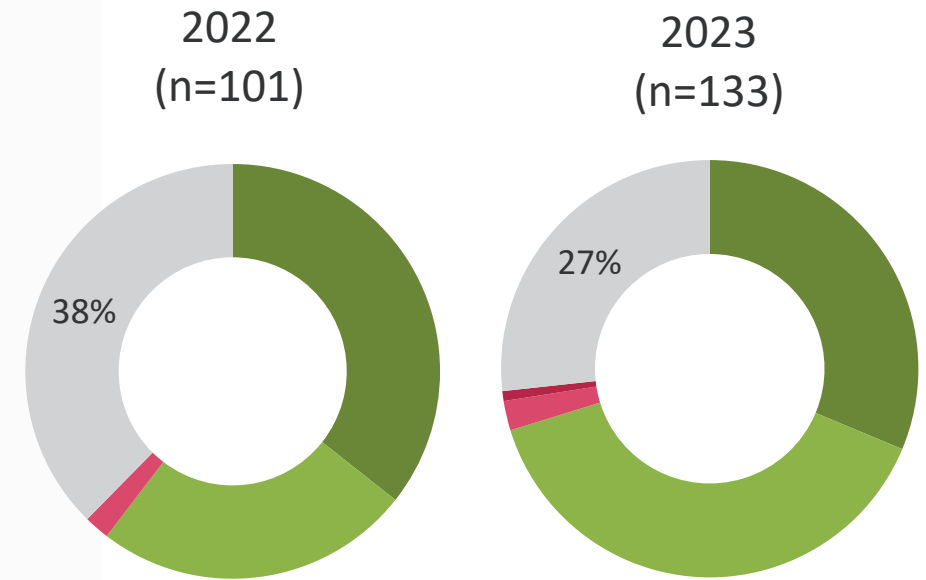
REACH Helps Youth Navigate Peer Relationships

Percentage reporting that REACH has helped them get along with friends and peers



“REACH helped me get along with friends and other people.”

“The people who work at REACH help me get along better with friends or other people my age.”



- Strongly Agree
- Agree
- Disagree
- Strongly Disagree
- Does not apply (I did not need help with this)

Additional Survey Data - Result Area 1: All youth are healthy physically, mentally, and emotionally

REACH has helped me be better able to cope when things go wrong. (n=122)

79%

Because of REACH, I have a place to go when I need health and wellness services like a doctor, dentist, or counselor. (n=123)

76%

The program and/or the people who work at REACH helped me learn how to deal with stress or anxiety better. (n=133)

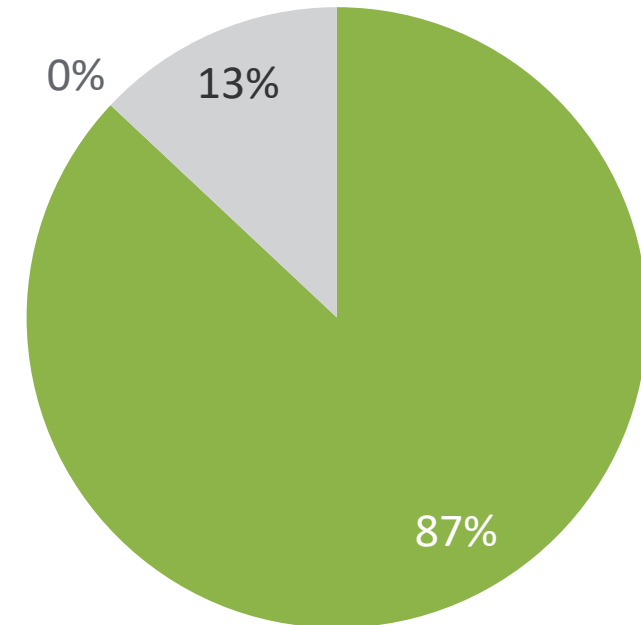
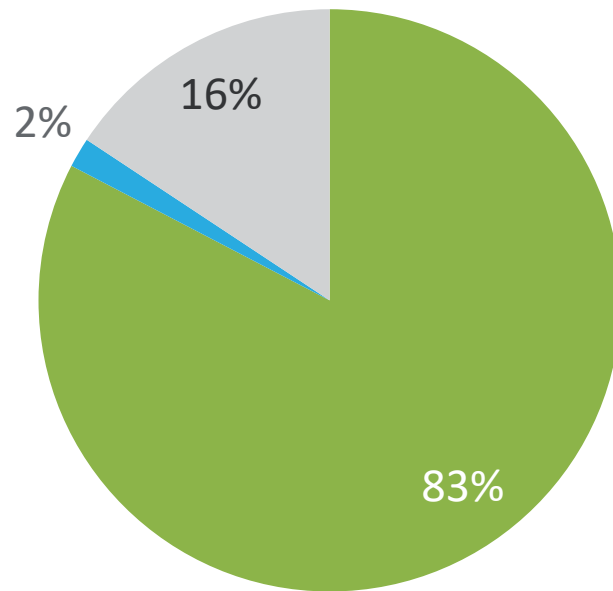
68%

Additional Survey Data - Result Area 2: Youth are supported by safe and nurturing communities

REACH has helped me consider different perspectives and information when making a decision. (n=121)

Because of REACH, I feel like there is an adult who cares about me. (n=123)

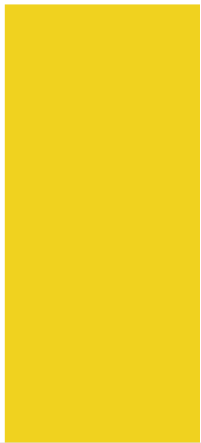
- Strongly agree/agree
- Stongly disagree/disagree
- Does not apply



Additional Survey Data - Result Area 3: Youth are actively involved in making decisions in their community

REACH members reporting...

82%



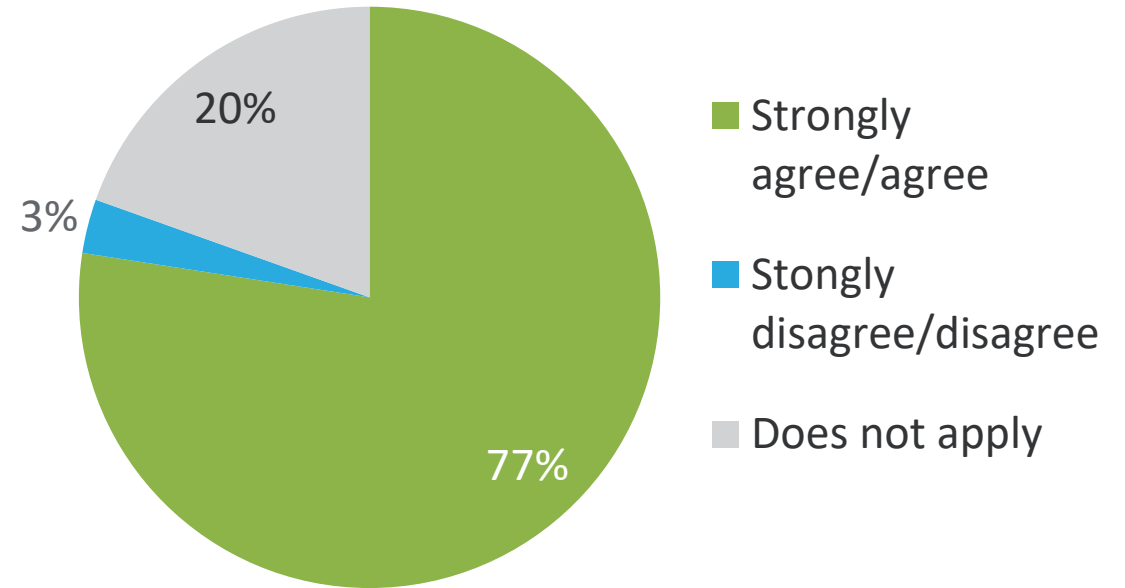
76%



REACH has helped me understand other people's points of view (that are different from mine). (n=122)

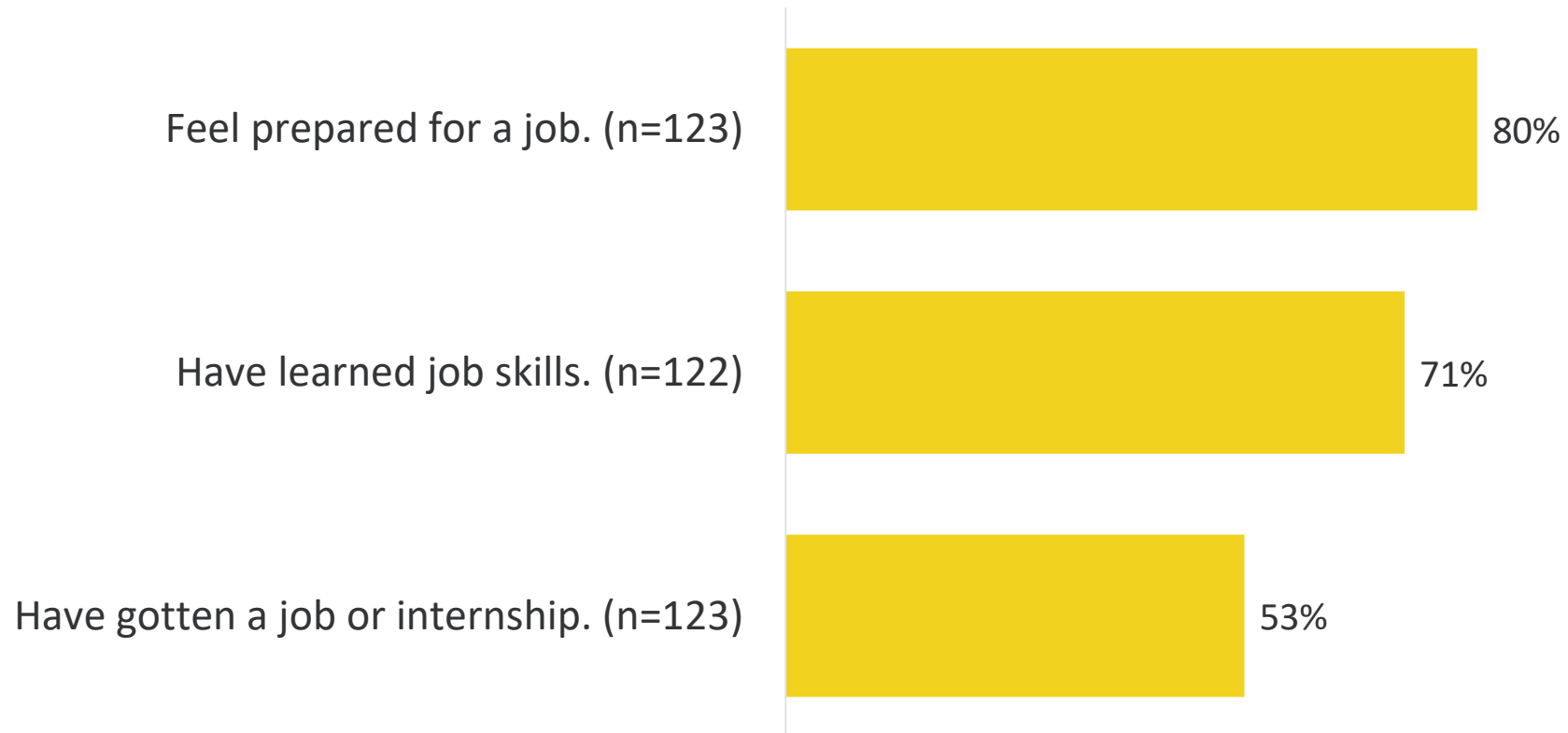
As a result of participating in programs at REACH, I have become actively involved in improving my community. (n=123)

My ideas matter and help improve REACH



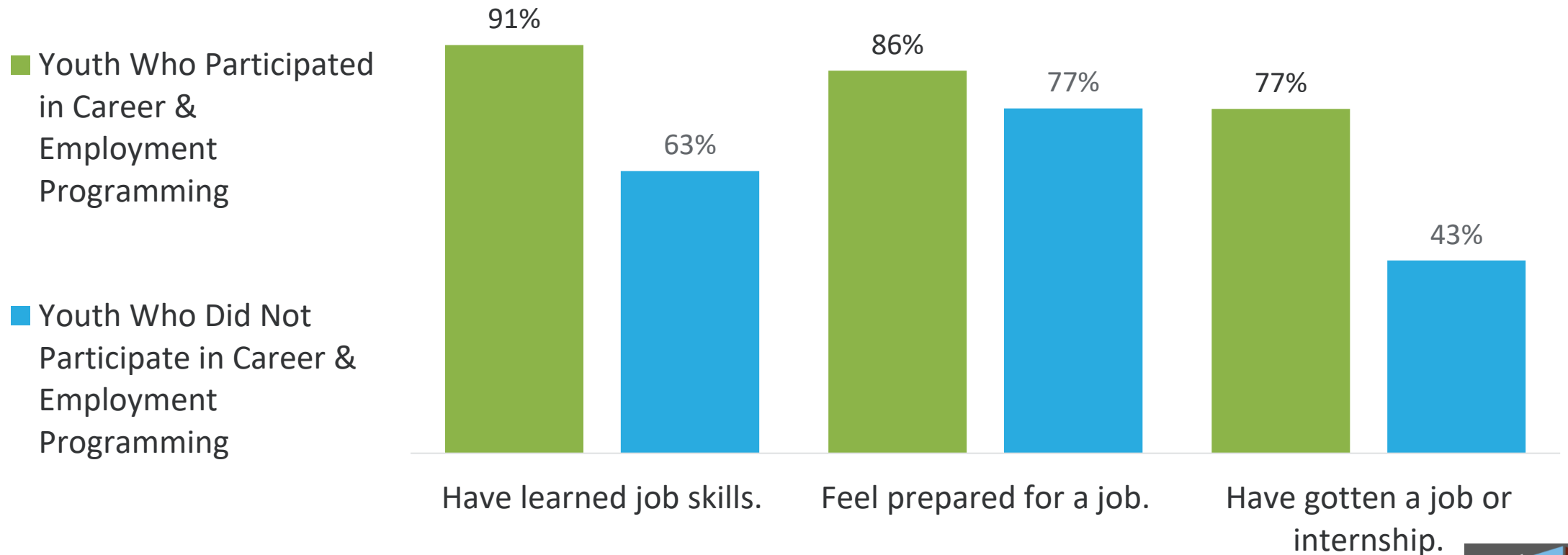
Additional Survey Data - Result Area 5: Youth are prepared for and engaged in jobs leading towards a career

As a result of participating in programs at REACH...



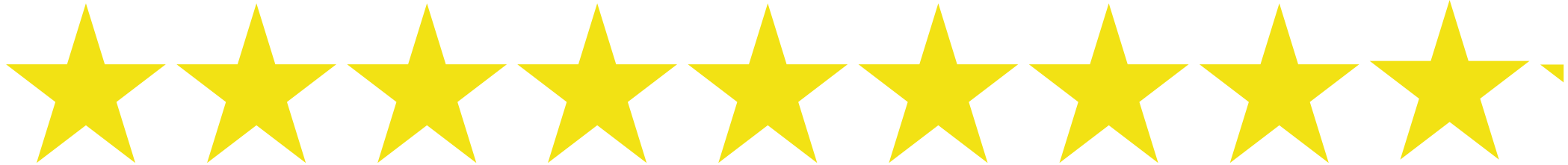
Additional Survey Data - Result Area 5: Youth are prepared for and engaged in jobs leading towards a career

Youth Who Participated in Career & Employment Programming vs. Youth Who Did Not



On a scale of 0 to 10, how likely are you to recommend REACH to a friend?

9.04 / 10



Not likely

Very likely

Questions?

