



For Immediate Release

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Austin Wingate
ACHealth_PIO@acgov.org

Alameda County Reports Possible Case of Bird Flu

Virus detected in a child who is recovering at home; Risk to public remains low

San Leandro, CA - Alameda County Public Health Department (ACPHD) is responding to a possible case of bird flu detected in a child who experienced mild upper respiratory symptoms. The child has received treatment and is recovering at home. All other members of the household have tested negative for bird flu and have received preventive treatment.

The public health investigation into the source of the infection is ongoing, with ACPHD working in partnership with the California Department of Public Health (CDPH) and the Centers for Disease Control and Prevention (CDC). Out of an abundance of caution, ACPHD has reached out to potentially exposed individuals to ask about symptoms and to recommend testing and treatment as appropriate.

Bird flu infections in humans are uncommon but there are ongoing outbreaks in dairy cattle and poultry farms in the United States. Risk to the public remains low, as bird flu spread from person to person is rare.

“While it is reassuring that we have found only one mild bird flu case, we will continue to monitor the situation closely,” said Alameda County Health Officer, Dr. Nicholas Moss. “Fortunately, bird flu remains rare, and most people are unlikely to be exposed unless they work with sick birds or cattle.”

There have been 53 cases reported in the United States and California this year. The vast majority of bird flu detections in the US have been in poultry and dairy workers who were exposed to sick animals. Others at risk of exposure include people handling infected wild birds or animals. The Alameda County case is awaiting lab confirmation by the CDC.

“We thank the teams at the CDC and CDPH, and our partners within Alameda County for quickly responding to this case and supporting the affected household and exposed contacts,” said ACPHD Director of Clinical Guidance, Dr. Kavita Trivedi. “Our priority is to maintain the health and wellbeing of our communities.”

For more information, please see the [CDPH press release](#) and [ACPHD’s Avian Flu page](#).

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