

HAPPY HEART CORAZÓN CONTENTO



BLOOD PRESSURE LOG • REGISTRO DE PRESIÓN ARTERIAL

Date La Fecha	Time La Hora	Systolic 1st number El Numero 1	Diastolic 2nd number El Numero 2	Notes Las Notas
<i>ex. 1/24/2024</i>	<i>12:15pm</i>	<i>119</i>	<i>78</i>	<i>ex. medication change, activity</i>



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